

A HYBRID IN-PERSON/ ZOOM RECOVERY EVENT

## New England Intergroup (NEI) Sex & Love Addicts Anonymous

## **In-person Location:**

Grace Episcopal Church, 76 Eldredge St., Newton, MA 02458

The day will include registration and time to speak with other recovering people, followed by a keynote speaker share on the event theme and three (3) 60-minute recovery topic sessions. Come for the whole day or whatever parts work for you.

NOTE Fellowship is important: There will be no lunch break, but we encourage people to bring their lunch and/or food to share so you can stay and enjoy all the sessions. Some participants will plan to have dinner together when the event is over & everyone is invited. (A restaurant list will be provided.)

Please register in advance through the NEI website or via post with registration form on the backside of this flyer.

https://slaanei.org/event/springgathering-2025

**CONTRIBUTION:** \$18.00 - More if you can, less if you can't. No one is turned away!

The suggested contribution helps New England Intergroup (NEI) continue its work to help the addict who still suffers. Donations support: the NEI website, P.O.Box, outreach, gatherings, retreats & other NEI sponsored events.

We look forward to seeing you soon!

## **SPRING GATHERING 2025**

THEME: RECOVERY—THE SOLUTION
Sqt., April 26, 2025 11:00AM - 4:00PM (EST)

Newcomers, returning members, members looking for more support, & long-timers will benefit from all of these sessions.

## Schedule

11:00 -11:15 AM

**Registration and Fellowship** Greeting and speaking with old & new recovering friends.

11:15 AM -12:15 PM

Opening Meeting / Keynote Speaker(s) on the Theme

12:30 PM -1:30 PM

**Session 1: Humor in Recovery.** Sex & love addiction can cause so much pain and suffering and sometimes death. What is so funny about that? Many find that by sharing our antics/stories we put a light on just how extreme our thinking/actions can be in the midst of addiction. In recovery we can laugh with each other, keep things in perspective, and experience new emotions. This session is about how bringing humor and laughing into our lives has played a part in our recovery and healing.

1:45 - 2:45 PM

**Session 2: Acting Out/In vs. Recovery.** "Acting Out" is to engage in addictive behavior. "Acting In" is to engage in actions that are isolating or withdrawing in nature. Both reflect avoidant behaviors that are harmful to us. Each person in S.L.A.A acts "out" and/or "in" differently, but with help from a Higher Power, our sponsor, and recovering addicts we can move to recovery too. The S.L.A.A. program can help us stay sober and start living a life without active addiction. This session is about how we recognize our addictive patterns and admit powerlessness over them. That allows us to get help to stay sober from our patterns and start living a life of recovery.

3:00 - 4:00 PM

**Session 3: Recovery: the Promises.** When we are more active in recovery by working the Steps, some of the promises can start to occur even if we haven't finished Step 9. This session is about how the promises have manifested in our lives and what we do to keep the promises alive today.

This event is open to anyone who identifies as a sex and/or love addict or is interested in finding out about recovery from this addiction in the S.L.A.A. program.

CONTACT: 617-625-7961 OR ACTIVITIES@SLAANEI.ORG

WEBSITE: HTTPS://SLAANEI.ORG/

MAIL-IN REGISTRATION FORM for NET SPRING RECOVERY GATHERING ON APRIL 26, 2025
Postmark by: Wednesday, April 16, 2025
Name:Tel #:
Fmail address:
Email address:(Email required if you want an email confirmation with zoom details or to be added to the NEI email list.)
Please reserve spaces for me at the Spring Recovery Gathering.
I've <b>enclosed</b> a check in the amount of \$
(\$18.00, per person, more if you can, less if you can't)
I plan to attend: In-person via Zoom (check one)
I can do service for the event: Yes, contact me
real as service for the event. Tos, confidentia
Please send a confirmation/zoom details:
No need By email (see above) By phone/text
Please add me to NEI's Email List (optional) (Email address required above.)
Diagra make chacks navable to: New England Intergroup DO Poy 1275 Prockling AAA 00444
Please make checks payable to: <b>New England Intergroup</b> , PO Box 1375, Brookline, MA 02446

Online registration form/payment on the NEI website: <a href="https://donorbox.org/spring-gathering-2025">https://donorbox.org/spring-gathering-2025</a>

