## SLAA Austin Women's Setting Bottom Lines Pamphlet Workshop (Zoom)

Join us to set/reset your bottom lines for 2025 using the

# **SLAA Setting Bottom Lines:** A Pamphlet with Worksheets

**6:00PM-8:00PM CST** SATURDAY, JANUARY 4, 2025

Please note: since this is an online Zoom women's only meeting, there will be a camera check in policy.

## Meeting Format:

- Intro and meeting guidelines
- Read from one section of the SLAA pamphlet
- Write your responses
- **Share** your writing (optional)
- Repeat for each section until pamphlet is complete
- Closing serenity prayer

The focus of this workshop is on reading, writing, and sharing our SLAA program experience, strength, and hope led by the SLAA Setting Bottom Lines pamphlet. Although there may not be time for everyone to share during the meeting, we encourage you to participate and then reach out to a fellow traveler or sponsor to share your writing from the workshop.

### **Newcomers are welcome!**

#### Materials needed for the workshop:

We suggest that you buy the pamphlet before the workshop. It is available as a physical copy or a virtual download. The pamphlet will be screen shared during the meeting. We also suggest that you have paper/pen to write your responses.

> SLAA Pamphlets (\$.99 each download) Setting Bottom Lines: A Pamphlet with Worksheets (https://store.slaafws.org/prod/PAM-017.html)

To register contact: Karen B austinwomensstepstudyinfo@gmail.com

Email to register for the online workshop and to receive the Zoom meeting link before Jan. 3, 2025.