



# SPRING GATHERING 2024

Theme: *Easy Does It!*

Saturday, April 6, 2024, 9:30AM - 4:45PM (Eastern)

**NEW ENGLAND INTERGROUP  
(NEI) OF SEX & LOVE ADDICTS  
ANONYMOUS PRESENTS:**

**A HYBRID RECOVERY EVENT  
IN-PERSON & ON ZOOM**

**In-person Location:** Grace Episcopal Church, 76 Eldredge St., Newton, MA 02458

The day will include registration and time to speak with other recovering people, followed by Keynote speakers and a 75-minute recovery topic session, a lunch break and two (2) more 75-minute recovery topics. Come for the whole day or whatever parts work for you.

**Please Register in advance through the NEI website.**  
<https://slaanei.org/event/spring-gathering-2024>

If you are joining us on Zoom you MUST register to receive the log-in details.

**CONTRIBUTION: \$18.00** – *More if you can, less if you can't. No one is turned away!*

The suggested contribution helps New England Intergroup (NEI) continue its work to help the addict who is still suffering. Donations support: the NEI website, phone line, answering service, P.O.Box, gatherings, retreats, and other NEI sponsored events.

## CONTACT

PHONE: 617-625-7961  
WEBSITE: <https://slaanei.org/>  
EMAIL: [Activities@slaanei.org](mailto:Activities@slaanei.org)

## Schedule

9:30 - 10:00 AM

**Registration and Fellowship** Greeting and Speaking with old & new recovering friends.

10:00 - 11:15 AM

**Welcome / Keynote Speakers**

11:30AM - 12:45 PM

**Session 1: Setting Bottom Lines.** Many of us come to SLAA having few healthy boundaries with a wide variety of addictive behaviors for example: acting out sexually, engaging in romantic intrigue, and acting in - avoiding contact with others. Bottom lines help us to come to terms with our individual patterns of addiction. Identifying our own addictive patterns is a first step toward changing those patterns and being sober in our recovery. This session offers people an opportunity to share their experience, strength, and hope about how they defined their patterns and moved away from acting out.

12:45 - 2:00 PM **Lunch Break**

2:00 - 3:15 PM

**Session 2: Working Those Tools.** We often use tools to get through the day without acting out. Meetings, Prayer, meditation, phone calls with other fellows, writing, literature, and other tools help us establish healthy patterns for living to get us over the day-to-day struggles with our addiction. What tools do you use to support your recovery? This session is about exploring tools of recovery and how people use them to strengthen their recovery.

3:30 - 4:45 PM

**Session 3: Building Healthy Relationships.** What constitutes a healthy relationship? As we come out of the withdrawal phase of our recovery we need to learn how to connect with our Higher Power and others in a healthy way. How do we reconcile our existing relationships, form new relationships, how do we strengthen our physical, emotional, and spiritual connections in a sober way? This session is about strategies for handling difficult conversations and starting new relationships through our new sober lives.

This event is open to anyone who identifies as a sex and/or love addict or is interested in finding out about recovery from this addiction in the S.L.A.A. program. Masks are encouraged, but optional.

We look forward to seeing you soon!

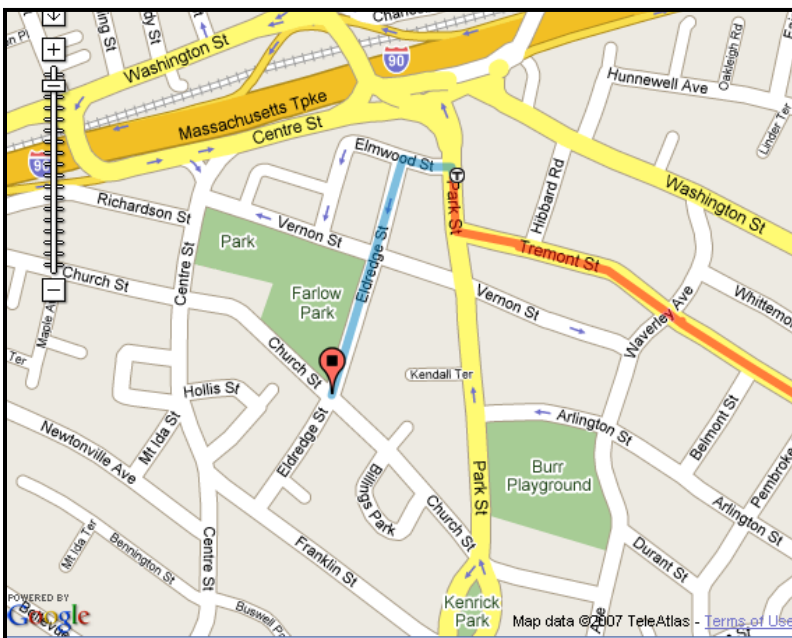
## DIRECTIONS TO Grace Episcopal Church, 76 Eldredge St., Newton, MA 02458

**MASS PIKE/RTE. 90 FROM THE WEST:** Take Exit 17 (Newton) and merge onto the one-way loop at the end of the exit ramp. Take your first right on Centre Street. At the first set of lights, go left on Church Street. Then take the first left on Eldredge Street and Grace Church will be the first building on your right side.

**MASS PIKE/RTE. 90 FROM THE EAST (BOSTON):** Take Exit 17 (Newton) and go straight through the first set of lights. Avoid the Mass Pike West entrance on your left. Continue straight through the second set of lights at this intersection. Bear left and proceed around the Sheraton Tara Hotel back over the Mass Pike. Take your first right on Centre Street. At the first set of lights, go left on Church Street. Then take the first left on Eldredge Street and Grace Church will be the first building on your right side.

**FROM RTE. 128 (ROUTE 95):** Follow 128 (Route 95) to Newton, Exit 24 (Route 30) onto South Avenue toward Newton. The Marriott Hotel Newton will be on your left as you proceed East on Rte. 30/Commonwealth Ave. for a little more than 3 miles. Turn left on Centre Street at the lights. Church Street will be on your right in approximately 1.4 miles. Turn right on Church Street (at the lights) and then take the first left on Eldredge Street and Grace Church will be the first building on your right side. Please note: if you pass Church Street, you will find yourself going around the rotary at the Sheraton Tara Hotel! Just go around and take a right on Centre Street. Church Street will be the second left.

**FROM THE NORTH:** Take Route 93 South to Exit 20, Massachusetts Turnpike West (I-90). Follow the Mass Pike to Exit 17 (Newton) and go straight through the first set of lights. Avoid the Mass Pike West entrance on your left. Continue straight through the second set of lights at this intersection. Bear left and proceed around the Sheraton Tara Hotel back over the Mass Pike. Take your first right on Centre Street. At the first set of lights, go left on Church Street. Then take the first left on Eldredge Street and Grace Church will be the first building on your right side.



**FROM THE SOUTH:** From Cape Cod or other points south, take Route 3 North to Route 93 North to Exit 20, Massachusetts Turnpike West. Follow the Mass Pike to Exit 17 (Newton) and go straight through the first set of lights. Avoid the Mass Pike West entrance on your left. Continue straight through the second set of lights at this intersection. Bear left and proceed around the Sheraton Tara Hotel back over the Mass Pike. Take your first right on Centre Street. At the first set of lights, go left on Church Street. Then take the first left on Eldredge Street and Grace Church will be the first building on your right side.

### **PUBLIC TRANSPORTATION:**

At MBTA Green Line Kenmore Square Station, take Bus 57 to Park Street and Tremont Street stop (Newton Corner). See map above for directions to 76 Eldredge Street. The Watertown Yard, which services other bus routes is within ½ mile of Grace Church. For further information, please visit MBTA's web site at <http://www.mbta.com> or contact them at 617-222-3200.