



Glastonbury Abbey

16 Hull Street, Hingham,
Massachusetts 02043
(45 minutes from Boston/
1 hour from Providence)

Our Lady of Glastonbury Abbey was founded in 1954 and is run by Benedictine monks. The Abbey is situated on 60 acres with woods and spacious lawns. The Abbey has many benches, a fountain, and a labyrinth. **NEI & S.L.A.A. are not affiliated with the Center. The weekend is run by S.L.A.A. members.** The only people invited to participate in this weekend are S.L.A.A. members or people who feel they can benefit from our program.

The weekend takes place at Stonecrest retreat house, which is a separate building across from the main entrance to the Abbey. It has heat, air conditioning, a dining room, library, back patio, a refrigerator and microwave and ample parking.

There is a no smoking policy at the monastery.

All guests are welcome to join the monks at prayer times.

The retreat center has some handicapped accessibility with an accessible ramp from outside to 1st floor.

NEW ENGLAND INTERGROUP (NEI), P. O. Box 1375, Brookline, MA 02446

NEI Web Site: www.slaanei.org Telephone: (617) 625-7961

Email: 12stepretreat@slaanei.org

S.L.A.A. 12 Step Weekend Retreat – October 13 – 15, 2023

Step study is a key tool to recovery in the S.L.A.A. program:

At the retreat weekend we do an intensive study of the 12 Steps--together.

If you have worked on the Steps in this type of format before, you already know its value. If you have not done any study of the Steps, intensive or otherwise, this is a great way to do it, especially the first time. Regardless of where we are in the Step study process, we are able to learn from sharing our experience, strength and hope with each other.

Schedule: The retreat starts Friday evening after 6:00 PM and we depart no later than 1:30 PM on Sunday.

(A final detailed schedule will be sent to you prior to the retreat.)

Price: \$235.00 YOUR COST registration deadline is Fri., Oct 2, 2023

-20.00 **DISCOUNT IF REGISTRATION/PAYMENT IS RECEIVED BY Friday, September 15, 2023**

\$215.00 Includes: 2 nights lodging with towels, blankets, and linens & 4 meals: Saturday continental breakfast, buffet lunch, and buffet dinner; and Sunday brunch.

If you have any questions, issues, or concerns, please email the Retreat Coordinator at 12stepretreat@slaanei.org or call NEI at 617/625-7961 and leave a message for the Retreat Coordinator. **Some scholarship assistance is available. Contact NEI for details.** We hope you will be able to join us for this very special weekend!

For Reservations:

To reserve a space at the retreat, complete the registration form on the last page of this flyer and mail it to NEI at the above address.

These weekends are only open to anyone who is an S.L.A.A. member or thinks they might benefit from the program. **Non-participating guests are NOT allowed.**

Sleeping Arrangements: Stonecrest retreat house. was recently renovated and has 18 bedrooms on three floors. All rooms have twin beds. There are 5 rooms that are double occupancy. **Private rooms are given on a first-come, first-served basis based on earliest registration date.**

(Continued on reverse)

Sign-Up Early

- Please sign-up early. NEI is required to provide Glastonbury Abbey with a final list of participants by Monday, October 2, 2023. If we do not have 18 participants, Glastonbury Abbey may fill the retreat house with non-SLAA people.

Cancellation Policy:

- To receive a FULL REFUND, NEI must know IN WRITING NO LATER THAN Friday, September 15, 2023.
- Cancellations made between September 16, 2023 and October 13, 2023 be will BE REFUNDED IN FULL ONLY if your cancelled space is filled. NEI pays Glastonbury Abbey in full for the number of participants prior to our arrival.
- NEI reserves the right to cancel the weekend if it does not receive the required number of reservations prior to the start of the retreat or if the State of Massachusetts issues emergency orders preventing the retreat.
- Participants cannot attend the retreat if they are sick. If on the day of the retreat you are sick, contact the retreat coordinators and let them know you will not be able to attend.
- Some additional requirements MAY be imposed due to COVID-19. If policies are not followed participants will be asked to leave with no refund.

Extra Support and Ground Rules:

We try to be aware of people's concerns, needs and issues. As a result, we have come up with a number of safeguards and ground rules to make the weekend safe and enjoyable to all who wish to participate. The ground rules list will be sent to all participants with their confirmation and handouts will be provided at the weekend.

The following guidelines/supports have been built into the weekend:

- ◆ **Masks. (Updated-07-29-23):** Mask wearing is optional and is not required by the state of Massachusetts or the retreat center currently. In consideration of those who are immunocompromised who may be attending, we strongly encourage that masks be worn in shared areas. If the requirements change in any way, we will let participants know ASAP. Participants may request a full refund per the Cancellation Policy if they are uncomfortable with the Mask Policy. Please note that the Glastonbury Abbey staff and residents do not have mask or vaccination requirements.
- ◆ **Self-defined sobriety must be kept throughout the weekend.** Although there is no sobriety requirement for attending this weekend, we are asking all participants to stay sober during the event to make the retreat safe for everyone. If you do act out during the weekend, we will ask you to leave.
- ◆ **Getting current during the weekend.** There will be opportunities to use this tool during the weekend as part of the schedule or one-on-one with a temporary sponsor.
- ◆ **Temporary sponsorship availability.** This tool will help people to work through feelings and issues that may come up because of the work they are doing during the weekend. The process can be quite intense and exhausting, so the additional weekend sponsorship can be particularly helpful to those who are feeling in danger of acting out or just need to process feelings, etc.
- ◆ **Social activity—fun.** Many of us feel tired and overwhelmed by the marathon meetings. The group activity helps with the process during the weekend. We find it enhances the experience & nurturing our need to take care of ourselves by lightening up a bit. SUGGESTIONS ARE WELCOME!!

- ◆ **Long break on Saturday.** The timing of the weekends lends to the wonderfulness of the area and time of year. Taking time out from the intensity of the weekend for relaxation, even a nap, can make us more refreshed and open to the miracles of the process.

(Registration form attached.)



Registration Form NEI 12 STEP RETREAT at Glastonbury Abbey, Hingham, MA

Name: _____

Check One: [] I need a ride

Address: _____

[] I can give ___ people a ride

Telephone # (____) _____

*Email address for confirmation & directions (please print clearly): _____

(* If none is provided, the confirmation packet will be sent to US mail address you have listed above, if there is time)

Name of person(s) with whom you wish to share your room/location: _____

(ALL roommates MUST register & be paid in full at the same time to guarantee sleeping arrangements.)

Choose all that apply: female [] male [] transgender [] nonbinary [] Other _____

[This information is to help us set-up sleeping arrangements and still respect peoples' boundaries and needs. Please be willing to work together to meet each other's needs.]

Please add my name to the NEI mailing list for updates on activities & events.
 USMail or Email: _____

Glastonbury Abbey is not able to accommodate dietary restrictions other than for vegetarians. They are not a nut-free facility. There is a refrigerator and microwave on site for you to bring your own food if your dietary needs cannot be met.

I need vegetarian meals _____ [] Yes [] No

COST: IF POST-MARKED BY Sept. 15, 2023 \$215.00 / IF POST-MARKED AFTER Sept. 15, 2023 \$235.00

Registration Amount..... \$ _____

I am enclosing additional monies for the scholarship fund to help others attend..... \$ _____

Please provide a copy of:

S.L.A.A. Basic Text\$19.00..... x _____ \$ _____

A Guide to the Steps: Companion to Chapter Four of the Basic Text.....\$4.00 x _____ \$ _____

Please include a **\$5.00 bank processing fee if paying by check from a non-US Bank...** \$ _____

Payment by (please circle below): **TOTAL ENCLOSED:** \$ _____

Venmo [] NEI Website [] Check payable to "NEI" [] Money order [] Cash []



<https://slaanei.org/donations> (please mark the donation "October Retreat")

**ALL PARTICIPANTS MUST SIGN THE "Release From Liability Form" BELOW
PRIOR TO ATTENDANCE AT THE RETREAT**

If you need help signing/returning the final release form, please let us know.

Release From Liability Form: The undersigned agrees and does hereby release from all liability and hold harmless New England Intergroup, her heir apparent, the retreat facilitator(s), or anyone representing the retreat and New England Intergroup (NEI). This liability release is for any and all liability should one contract COVID-19 or for personal injuries including death and property losses or damage in connection with any activity or accommodation at the retreat facility at *Glastonbury Abbey, 16 Hull Street., Hingham, MA 02043*

The undersigned does hereby further agree to abide by all the rules and regulations that are presented at the retreat. In signing this release, I acknowledge that I have read and fully understand this liability waiver form.

In signing this release I take full responsibility for myself while at said location. I understand the current pandemic is unpredictable and contagious individuals may not be symptomatic or have a temperature. I am fully aware of all of the risks that are involved in attending this event and I willfully and knowingly accept full responsibility for any and all of those risks, and further release any parties responsible for the event from any liability.

Printed Name: _____

Signature: _____ Date: _____