



FALL GATHERING 2023

THEME: IT WORKS IF YOU WORK IT

Sat., November 11, 2023 11:30 - 4:45PM (Eastern)

**NEW ENGLAND INTERGROUP (NEI)
OF SEX AND LOVE ADDICTS ANONYMOUS**

PRESENTS:

**A HYBRID IN-PERSON/ZOOM
RECOVERY EVENT**

IN-PERSON LOCATION:

Grace Episcopal Church
76 Eldredge St., Newton, MA 02458

The day will include registration and time to speak with other recovering people, followed by three (3) 75-minute recovery topic sessions. We will close the Gathering with a gratitude meeting. Come for the whole day or whatever parts work for you.

**PLEASE REGISTER IN ADVANCE
THROUGH THE NEI WEBSITE:**

<https://slaanei.org/event/fall-gathering-2023>

CONTRIBUTION: \$18.00

*More if you can, less if you can't.
No one is turned away!*

The suggested contribution helps New England Intergroup (NEI) continue its work to help the addict who still suffers. Donations support: the NEI website, phone line, P.O. Box, gatherings, retreats and other NEI sponsored events.

CONTACT:

PHONE: 617-625-7961

WEBSITE: <https://slaanei.org/>

EMAIL: Activities@slaanei.org

Masks are optional,
but are encouraged.

Newcomers, returning members, members looking for more support, & long-timers will benefit from all of these sessions.

Schedule –

11:30 - 11:45 AM

Registration and Fellowship. Greeting and Speaking with old & new recovering friends.

11:45 AM - 1:00 PM

Session 1: Tools of Recovery. What tools do you use to support your recovery? Do you have a set of behaviors on your bottom line? A Sponsor? A recovery plan with fellowship support? Do you attend meetings often, read the Basic Text, do service when you can? How is your self-care, spirituality, and step work? This session is about exploring tools of recovery and how people use them to support their recovery.

1:15 - 2:30 PM

Session 2: Dating & Physical Intimacy in Recovery. Yikes! How do we do that in recovery?! Many of us never learned how to date in a healthy way, if at all. Often, we need to learn how to set and keep boundaries; how to truly get to know someone before being ALL in or ALL out; how to make conscious choices rather than impulsive or compulsive decisions; how to deal with sexuality and sexual feelings in a sober way; and how to feel feelings and not let them consume us. Whether you have done the dating process, experienced sober physical intimacy in recovery, or have no idea where to start, you are encouraged to come and share your thoughts, humor, questions, experience, strength, and hope.

2:45 - 4:00 PM

Session 3: Building a Better Sponsor/Sponsee Partnership. When you hear "sponsorship": Do you feel happy to have experienced a powerful and supportive sponsor-sponsee relationship? Is your sponsor-sponsee relationship not working? Are you delaying working the steps due to lack of sponsorship? Are you lacking support or confidence in becoming a sponsor? Being a part of a sponsor-sponsee connection is key ingredient to helping us build intimate relationships and work out our issues when dealing with others. It can be very rewarding for both sponsor and sponsee. Come share your thoughts, questions, experience, strength, and hope.

4:15 - 4:45 PM

Gratitude Meeting / Closing.

This event is open to anyone who identifies as a sex and/or love addict or is interested in finding out about recovery from this addiction in the S.L.A.A. program.

We look forward to seeing you soon!

