



**NEW ENGLAND INTERGROUP
(NEI) OF SEX AND LOVE
ADDICTS ANONYMOUS AND
NEWTON TUESDAY NIGHT
BEGINNERS & FUNDAMENTALS
MEETING PRESENT:**

**A HYBRID IN-PERSON/ZOOM
RECOVERY EVENT**

In-person Location: Grace
Episcopal Church, 76 Eldredge St.,
Newton, MA 02458

The day will include registration and time to speak with other recovering people, followed by two (2) 75-minute recovery topic sessions, a lunch break and a third 75-minute recovery topic. We will close the Gathering with a gratitude meeting. Come for the whole day or whatever parts work for you.

**Please Register in advance
through the NEI website.**
<https://slaanei.org/event/spring-gathering-2023>

CONTRIBUTION: \$18.00 – *More if you can, Less if you can't. No one is turned away!*

The suggested contribution helps New England Intergroup (NEI) continue its work to help the addict who still suffers. Donations support: the NEI website, phone line, answering service, P.O.Box, gathering, retreats and other NEI sponsored events.

CONTACT

PHONE: 617-625-7961

WEBSITE: <https://slaanei.org/>

EMAIL: Activities@slaanei.org

SPRING GATHERING 2023

The Opposite of Addiction is Connection
Saturday, April 29, 2023, 9:30AM - 4:45PM (Eastern)

Schedule

9:30-10:00AM

Registration and Fellowship Greeting and Speaking with old & new recovering friends.

10:00-11:15AM

Session 1: Connecting within Our Recovery Community. Connecting with others is the key to getting sober and maintaining recovery. It is difficult to do alone. Human connection is what each person needs in order to feel loved, supported, and understood. SLAA offers tools to achieve that connection such as meetings, sponsorship, service, outreach/using the phone, and, getting current. This session offers people an opportunity to share their experience, strength, and hope of connecting and how that connection changes our lives.

11:30AM-12:45PM

Session 2: Connecting Through Healthy Relationships. How to translate our inner recovery experiences of personal dignity, self-worth and self-intimacy into guidelines to use in relationships with others. Others can be family members, friends, co-workers, current or potential partners or casual acquaintances. Discussions about how we connect and form health relationships with healthy boundaries in recovery.

12:45-2:00PM **Lunch Break**

2:00-3:15PM

Session 3: Connecting with a Power Greater than Ourselves. A Higher Power can be anything at all that a member believes is greater than themselves. These may include nature, consciousness, God, science, Buddha, S.L.A.A. meetings/groups, yoga, exercise, etc. In our active addiction, for many of us, our addiction was serving as our higher power. Sometimes we even considered ourselves a higher power. In recovery, we instead connect with a *healthy* power greater than ourselves, however each of us may define this higher power.

3:30-4:45PM

Gratitude Meeting / Closing

This event is open to anyone who identifies as a sex and/or love addict or is interested in finding out about recovery from this addiction in the S.L.A.A. program. Masks are encouraged, but optional.

We look forward to seeing you soon!