

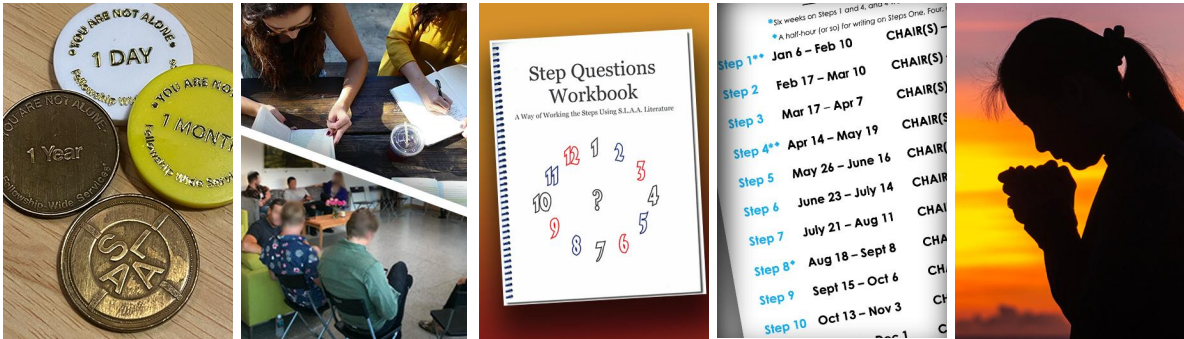
New England Intergroup of Sex and Love Addicts Anonymous



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Newton Tuesday Night S.L.A.A. Beginners & Fundamentals Meeting *FALL RECOVERY GATHERING 2022*

The 5 S's of the S.L.A.A. Preamble:



Sobriety, Sponsorship/Meetings, Steps, Service, Spirituality

Date and Time: Nov. 5th, 2022, 11:30am-4:30pm, In-person/Zoom Hybrid

Location: Grace Episcopal Church, 76 Eldredge St., Newton, MA 02458

Topics (2 speakers per topic):

- 11:30am: **Registration**
- 11:45am-12:25pm: **First Topic: Sobriety**
- 12:30pm-1:10pm: **Second Topic: Sponsorship / Meetings**
- 1:15pm-1:55pm **Third Topic: Steps**
- 2:00pm-2:40pm: **Fourth Topic: Service**
- 2:45pm-3:25pm: **Fifth Topic: Spirituality**
- 3:30pm-4:30pm: **Closing + Gratitude Meeting**

Registration Cost: \$18 (*more if you can, less if you can't*)

The suggested contribution helps New England Intergroup (NEI) continue its work to help the addict who still suffers. Donations support: the NEI website, phone line, answering service, P.O.Box, gatherings, retreats, and other NEI sponsored events.

Please Register Here: <https://slaanei.org/event/fall-gathering-2022>

Zoom info will be shared by email, the day before the event (Or the day of, if registered on the day of the event).

**New England Intergroup
of Sex and Love Addicts Anonymous**



Web: <https://slaanei.org/>

Phone: 617-625-7961

Email: activities@slaanei.org

The 5 S's of the S.L.A.A. Preamble

November 5, 2022 – 11:30 AM – 4:30 PM EST

Registration: 11:30 AM EST

Session 1: 11:45 AM - 12:25 PM EST

Sobriety: Our willingness to stop acting out in our own personal bottom-line addictive behavior on a daily basis. Sobriety is a state of abstinence from addictive bottom-line behaviors. With the help of our Higher Power and a sponsor or recovery partner, we determine the behaviors at the root of our addiction, or our "Bottom-Line Behaviors", and work the S.L.A.A. Program to stop acting out. What do you do to stay sober?

Session 2: 12:30 PM - 1:10 PM EST

Sponsorship / Meetings: Our capacity to reach out for the supportive fellowship within S.L.A.A. is a core tool in building a strong foundation for our recovery. Speakers will share their experience of being a sponsor and/or sponsee and how this role and meetings support their daily sobriety.

Session 3: 1:15 PM - 1:55 PM EST

Steps: Our practice of the Twelve Step program of recovery to achieve sexual and emotional sobriety. The Twelve Steps provide a comprehensive and thorough approach to the problem of dealing with addiction, including sex and love addiction. Enough of us have worked through these Twelve Steps that a common experience of recovery from sex and love addiction has emerged. Which step are you practicing currently? Share your experience with "working" the steps and hear others share their successes.

Session 4: 2:00 PM - 2:40 PM EST

Service: Our giving back to the S.L.A.A. community what we continue to freely receive. Addiction is a selfish disease, and Service helps us learn to become selfless. Service also helps us stay engaged in the community of recovering sex and love addicts who freely provide us guidance and support in our recovery, as part of being of service to the fellowship. Service allows us to help the people who have helped us, too.

Session 5: 2:45 - 3:25 PM EST

Spirituality: Our developing a relationship with a Power greater than ourselves which can guide and sustain us in recovery. Spirituality does not come naturally to many of us when we enter the rooms. Our quest for a power greater than ourselves is really a quest to understand and find purpose to our lives. While it may seem harder to accept compared to the other four major resources we rely on for recovery, it is no less important than any of them. Speakers will share their experience with spirituality and what it means to them.

Closing and Gratitude Meeting: 3:30 PM - 4:30 PM EST

Registration Cost: \$18 (more if you can, less if you can't)

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