

La Salette Retreat Center, 947 Park St., Attleboro, **Massachusetts** (1 hour from Boston/ 1/2 hour from Providence)

The retreat house is located in Attleboro, MA. The La Salette Retreat Center, (Center for Christian Living), located in scenic southeastern Massachusetts, is run by the Missionaries of Our Lady of La Salette, a community of priests & brothers. NEI & S.L.A.A. is not affiliated with the Center. The weekend is run by S.L.A.A. members. The only people invited to participate in this weekend are S.L.A.A. members or people who feel they can benefit from our program.

The Retreat Center offers air conditioning, dining room with microwave & refrigerator for participants to use, ample parking, beautiful grounds, within walking distance to the La Salette Shrine, is smokefree, and is within walking distance to the Attleboro Springs Wildlife Sanctuary & trails.

Sleeping Arrangements: 53 single rooms, with heat. There are windows in each room which can be opened Each two rooms are joined by a semi-private bath (private sleeping rooms have a door to the bathroom area). In addition, the retreat center has some handicapped accessibility (elevator to private rooms & mtgs space.)

#### NEW ENGLAND INTERGROUP (NEI), P. O. Box 1375, Brookline, MA 02446

NEI Web Site: www.slaanei.org Telephone: (617) 625-7961

Email: 12stepretreat@slaanei.org

## S.L.A.A. 12 Step Weekend Retreat – December 9 – 11, 2022

#### Step study is a key tool to recovery in the S.L.A.A. program:

At the retreat weekend we do an <u>intensive</u> study of the 12 Steps--together. If you have worked on the Steps in this type of format before, you already know its value. If you have not done any study of the Steps, intensive or otherwise, this is a great way to do it, especially the first time. Regardless of where we are in the Step study process, we are able to learn from sharing our experience, strength and hope with each other.

**Schedule:** (A complete schedule will be sent to you with your confirmation.)

## Friday, 8:00 p.m. SHARP!

Introduction--hellos, "house" rules, ground rules, temporary sponsor availability. Draw names of chairpersons and speakers for weekend meetings; Getting Current/Check-ins.

# Saturday, 8:00 a.m.- 11:00 p.m.

Breakfast, meeting on Steps 1,2&3; Meeting on Steps 4&5; Lunch; Meeting on Steps 6&7; Getting Current Meeting; Dinner; Meeting on Steps 8&9; Group activity—Fun!

#### Sunday, 8:00a.m. -1:00 p.m.

Breakfast, Meeting on Steps 10, 11 & 12; Closing, Lunch.

**Price:** \$265.00 YOUR COST registration deadline is Friday, November 25, 2022

-20.00 **DISCOUNT IF** REGISTRATION/PAYMENT **IS RECEIVED BY Friday, November 11, 2022** 

**\$245.00** Includes: 2 nights lodging & 5 buffet-style meals—2 breakfast, 2 lunches, & dinner Saturday. (see "Sleeping Arrangements")

If you have any questions, issues, or concerns, please email the Retreat Coordinator at 12stepretreat@slaanei.org or call NEI at 617/625-7961 and leave a message for the Retreat Coordinator. Some scholarship assistance is available. Contact NEI for details. We hope you will be able to join us for this very special weekend!

#### For Reservations:

To reserve a space at the retreat, complete the registration form on the last page of this flyer and mail it to NEI at the above address. These weekends are only open to anyone who is an S.L.A.A. member or thinks they might benefit from the program. Non-participating guests are NOT allowed.

(Continued on reverse)

#### **Cancellation Policy:**

- To receive a FULL REFUND, NEI must know IN WRITING NO LATER THAN Friday, November 11, 2022.
- Cancellations made between November 11, 2022 and November 25, 2022 be will BE REFUNDED IN FULL ONLY if your cancelled space is filled., due to contractual agreement with La Salette Retreat Center.
- NEI reserves the right to cancel the weekend if it does not receive the required number of reservations prior to the start of the retreat or if the State of Massachusetts issues emergency orders preventing the retreat.
- Participants cannot attend the retreat if they are sick. If on the day of the retreat you are sick, contact the retreat coordinators and let them know you will not be able to attend.
- Some additional requirements MAY be imposed due to COVID-19. If policies are not followed participants will be asked to leave with no refund.

### **Extra Support and Ground Rules:**

We try to be aware of people's concerns, needs and issues. As a result, we have come up with a number of safeguards and ground rules to make the weekend safe and enjoyable to all who wish to participate. The ground rules list will be sent to <u>all</u> participants with their confirmation and handouts will be provided at the weekend.

## The following guidelines/supports have been built into the weekend:

- <u>Masks</u> must be worn in all common areas, except when eating, understanding that a full 6 feet is always not possible. There will be "mask reminders" as part of service this weekend. Please note that some of the La Salette staff and residents do not wear masks but have been vaccinated.
- <u>Self-defined sobriety must be kept throughout the weekend</u>. Although there is no sobriety requirement for attending this weekend, we are asking all participants to stay sober during the event to make the retreat safe for <u>everyone</u>. If you do act out during the weekend, we will ask you to leave.
- <u>Getting current during the weekend.</u> There are several opportunities to use this tool during the weekend: 1) opening evening everyone will have a chance to say who they are, where they are from, how they are feeling, where they are in the Step study process, and what they are expecting from the weekend; 2) Saturday evening after dinner which is before the 8th & 9th Steps--1 full day into the process; 3) One-on-one with weekend participants and temporary sponsors.
- ◆ <u>Temporary sponsorship availability</u>. This tool will help people to work through feelings and issues that may come up because of the work they are doing during the weekend. The process can be quite intense and exhausting, so the additional weekend sponsorship can be particularly helpful to those who are feeling in danger of acting out or just need to process feelings, etc.
- <u>Social activity—fun.</u> Many of us feel tired and overwhelmed by the marathon meetings. The group activity helps with the process during the weekend. We find it enhances the experience & nurturing our need to take care of

ourselves by lightening up a bit. SUGGESTIONS ARE WELCOME!!

◆ Long break on Saturday. The timing of the weekends lends to the wonderfulness of the area and time of year. Taking time out from the intensity of the weekend for relaxation, even a nap, can make us more refreshed and open to the miracles of the process.



Name:		Check One: [ ] I need a	Check One: [ ] I need a ride	
Address:		[ ] I can give people a	ride	
		Telephone # ()		
*Email address for confirmat	ion & directions (please pr	rint clearly):be sent to US mail address you have listed		
Name of person(s) with whom (ALL roommates <u>MUST</u> regis	m you wish to share adjoini ster & be paid in full at the	ing room/location:	ments.)	
	us set-up sleeping arrang	der [] nonbinary [] Other gements and still respect peoples' bound		
		ing list for updates on activities & events.		
		than for vegetarians There is a microwave and et The buffet generally has two main dish optio		
	I need vegetaria	n meals[ ] Yes [ ] No		
COST: IF POST-MARKED	D BY Nov. 11, 2022 \$245.	00 / IF POST-MARKED AFTER Nov	<u>11, 2022</u> \$265.00	
Registration Amount	•••••	•••••••••••	\$	
I am enclosing additional m	<b>nonies</b> for the scholarship for	und to help others attend	<b>\$</b>	
Please provide a copy of:				
S.L.A.A. Basic Text	•••••	\$19.00 x	\$	
A Guide to the Steps: Compa	nion to Chapter Four of the	e Basic Text <b>\$4.00</b> x	\$	
Please include a \$5.00 bank	processing fee if paying	by check from a non-US Bank	\$	
Payment by (please circle bel	low):	TOTAL ENCLOSED:	\$	
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	https://slaanei.org/donations (please mark the donation "December Retreat")			
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		es hereby release from all liability and hold harr		
		g the retreat and New England Intergroup (NEI) njuries including death and property losses or da		
		treat Center, 947 Park St., Attleboro, MA 02703		
•	ther agree to abide by all the rul	les and regulations that are presented at the retre		
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contagious individuals may not l	be symptomatic or have a tem	at said location. I understand the current pander perature. I am fully aware of all of the risks the lity for any and all of those risks, and further r	at are involved in attending	
Printed Name:				
Signature:		Date		