

**New retreat format.**

**S.L.A.A. 12 Step Weekend Retreat 2019—Chester, Vermont**  
**March 22 – 24 \* July 19 – 21 \* October 4-6 \* December 13 – 15, 2019**

*Please note that we hold retreats in Chester, VT & Attleboro, MA.*

*Anorexia focus and Massachusetts retreats have a separate registration form.*

**Step study is a key tool to recovery in the S.L.A.A. program.** At the retreat weekend we read, discuss, and study the 12 Steps--together.

If you have worked on the Steps in this type of format before, you already know its value. We will use the **S.L.A.A. Basic Text AND A Guide to the Steps: Companion to Chapter 4** for this retreat. We will have copies available for sale at the retreat.

If you have not done any study of the Steps, intensive or otherwise, this is a great way to do it, especially the first time.

Regardless of where we are in the Step study process, we are able to learn from sharing our experience, strength and hope with each other.

**Location & Host:** The retreat house is located in Chester, Vermont, approximately 3 hours from Boston. The retreat is a privately owned home that offers its space for recovery retreats. Although NEI and S.L.A.A. members run the Step study itself, our host does participate in some parts of the weekend. The only people invited to participate in this weekend are S.L.A.A. members or people who feel they can benefit from our program.

**Price:**     **\$210.00**     **YOUR COST**  
                   - \$ 20.00\*     **DISCOUNT ( DEADLINES BELOW)**  
                   **\$190.00**

**Available for Purchase at the Retreat, if needed:**  
                   Basic Text                             \$19.00  
                   Guide to the Steps: Companion booklet     \$ 3.50

**Includes:** *2 nights lodging* (see below for sleeping arrangements) & *2 breakfasts* (all you can eat).  
                   There is a potluck dinner *Saturday night* (all you can eat)—weekend participants contribute.

*(Additional nights lodging available--meals not included. Contact the host for availability & cost.)*

**For Reservations:**

To reserve a space at one of our retreats, complete the registration form on the reverse side of this flyer and mail it to NEI at the above address. These weekends are only open to anyone who is an S.L.A.A. member or think they might benefit from the program. Non-participating guests are NOT allowed.

<b>2019 Retreat Dates:</b>	<b>Discount Registration Deadline:*</b>
March 22-24	February 22, 2019
July 19-21	June 21, 2019
October 4-6	September 6, 2019
December 13-15	November 15, 2019

*Sign-ups will be on a first-come, first-served basis. Confirmations will be made upon receipt of your payment.*

**Cancellation Policy:**

- To receive a FULL REFUND, NEI must know IN WRITING NO LATER THAN 4 weeks prior to the date for which you are registered to attend—that is the same date as the DISCOUNT REGISTRATION DEADLINE.
- Cancellations made less than 4 weeks prior to the date for which you are registered WILL BE REFUNDED IN FULL ONLY if your cancelled space is filled.
- NEI reserves the right to cancel any of these weekends if it does not receive at least 16 reservations by the respective registration dates. You will be refunded in full if this occurs.

**Schedule:** *(A complete schedule will be sent to you with your confirmation.)*

**Friday**             8:30 p.m. SHARP!     Introduction--hellos, house rules, ground rules, temporary sponsor availability, chore & potluck sign-ups; Draw names of chairpersons and speakers for weekend meetings; Getting Current/Check-ins.

**Saturday**         9:15 a.m.-11:00 p.m.     Meeting on Steps 1, 2 & 3; Meeting on Steps 4 & 5; Lunch; Meeting on Steps 6 & 7; Getting Current Mtg.; Potluck; Meeting on Steps 8 & 9; Group activity—Fun!

**Sunday**            9:30 a.m.-12:00 p.m.     Meeting on Steps 10, 11 & 12; Closing.

