



*"There is nothing permanent  
except change."*

*-- Heraclitus*

## 2019 NEI Events

### August

11 **NEI Monthly Mtg @ 5-7pm**  
Newton-Wellesley Hospital\*

### September

8 **NEI Monthly Mtg @ 5-7pm**  
Newton-Wellesley Hospital\*

13-15 **12-Step Retreat (Co-ed)**  
Focus on Anorexia  
Chester, VT

14 **Anniversary Meeting**  
Newburyport, MA 10-11am  
*See page two for details*

28 **Cycling for Serenity**  
*See page two for details*

### October

4-6 **12-Step Retreat (Co-ed)**  
Chester, VT

20<sup>+</sup> **NEI Monthly Mtg @ 5-7pm**  
Newton-Wellesley Hospital\*  
+ Note 3<sup>rd</sup> Sunday due to  
previous holiday weekend

26? **SAVE THE DATE**  
Fall Gathering Details TBD

\*All S.L.A.A. members, and  
especially Group Reps, are  
encouraged to attend NEI meetings  
either in person or by phone at:

**Newton-Wellesley Hospital**  
2014 Washington St, Newton  
Bowles Conference Room #6  
(Main hospital building)

**Conference call:** (605) 313-4446  
and enter Passcode: 774308#

## Learning to do things differently and ask for help. Case in point: The Fall Gathering Needs You!

So much gratitude and thanks are due to those who have planned, facilitated, baked, and cleaned-up year after year at the Fall and Spring Gatherings hosted by New England Intergroup. There have been wonderful themes and thoughtful workshops and panel discussions. Carpools of interested S.L.A.A. members have driven in from states far away just to have a chance to attend an S.L.A.A. event with so many people and perspectives on recovery.

But the core group organizing these events needs help to keep the ideas fresh and the workload manageable. At the upcoming NEI meeting August 11 (see column at left for details) NEI members are open to hearing NEW SUGGESTIONS for how, who, and even where to run the Fall Gathering. Currently space is reserved for Saturday, Oct. 26, at Grace Episcopal Church in Newton. NEI is open to underwriting the cost of the event there, but what about another group hosting the meeting? Or perhaps it should be, literally, just a fall gathering of S.L.A.A. members who stick to a simple agenda of a couple of speakers, a panel discussion on the Steps, and maybe a few break-out rooms for folks to get current?

So talk with your group about hosting the event. Come to the August NEI meeting with your ideas. Or just send an email and say you're happy to be a part of energy of the Fall Gathering and that you'll show up and do your part. Without new folks stepping forward, the default decision by NEI might be simply to cancel due to lack of interest and support. That's okay, too.

Email your thoughts or volunteer at [newsletter@slaanei.org](mailto:newsletter@slaanei.org).

## NEI Chair position open

Gratitude is extended to Patrick D. for stepping into the role of Chair when former chair Seth S. stepped down to take an FWS Board position. Service feeds sobriety! The Chair position is open again and those with a year or more of continuous sobriety are asked to consider stepping up. Interested? Attend the August NEI meeting! Positions of Corresponding Secretary and Literature Coordinator are also in need of being filled. Job descriptions are on the NEI website in the bylaws section or email your thoughts to NEI at [info@slaanei.org](mailto:info@slaanei.org) and we'll get back to you.

## **Newburyport Invites All to Anniversary Sept. 14**

The Changing Tides Group of S.L.A.A. cordially invites you to join in their celebration **Saturday, Sept. 14 from 10-11:30am**. The festivities will include a Potluck Breakfast, guest speakers, and a 50/50 Raffle. This is an open meeting so please feel free to invite spouses, partners, and friends. St. Paul's Church, 166 High St., Newburyport, MA. Please use the main entrance.

## **Cycling for Serenity – AGAIN!**

So much fun was had on the ride in June, that the Activities Committee is again hosting a Cycling for Serenity event. So grab a bike and join your S.L.A.A. fellows on a leisurely ride along the Minuteman Bikeway, Saturday, Sept. 28. Meet at Thorndike Park parking lot, 99 Margaret St., Arlington at 11am, accessible from Alewife MBTA. **We'll leave promptly at 11:15am**, and ride between 4-6 miles (depending on pace). We'll stop for lunch and a meeting. Pack a lunch or you can purchase food along the way. We'll return to the Alewife area around 3:45pm. Info: [slaanei.org](http://slaanei.org), email [activities@slaanei.org](mailto:activities@slaanei.org), or call (617) 625-7961 and leave message for Peter or Lisa. **Rain Date: Oct. 5.**



**Saturday, Sept. 28**  
**Rain Date: Oct. 5**

# **Meeting Updates**

**Group Contacts are responsible for completing an updated Meeting Registration Form** and filing it with NEI whenever there is a change to a meeting time, date, address, changes as well as meeting name changes and contact changes. Link to form is: [slaanei.org/meetings/register-or-update-meeting](http://slaanei.org/meetings/register-or-update-meeting). Consider representing your meeting!

### **MONDAYS**

**New Meeting:** PROVINCETOWN, MA, 6:30-7:30pm, "Monday Providence" (Open, Lit. Study, Speaker, Step). ASGCC at corner of 6 Bedford St/493 Commercial St. **NOTE: Meeting is only from May-Nov.** Info, call David at (203) 536-8822

### **FRIDAYS**

**Discontinued:** PROVINCETOWN, MA. 6:30-7:30pm. United Methodist Church at corner of Shankpainter & Commercial.

**Change of location:** NEWTON, MA, 8pm. "Friday Night Steps for a Sober Weekend." Still at Newton-Wellesley Hospital (2012 Washington St., Newton), but now meeting in the main building in Bowles Conference Center, Room #6 (second floor, past the cafeteria.)

### **STEP OF THE MONTH, STEP 8:**

Made a list of all persons we had harmed, and became willing to make amends to them all.

### **TRADITION OF THE MONTH, TRADITION 8:**

S.L.A.A. should remain forever nonprofessional,  
but our service centers may employ special workers.