



*"Mere survival is an affliction.  
What is of interest is life, and  
the direction of that life."*

-- Guy Fregault

## 2019 NEI Events

### May

- 4 Sponsorship Workshop**  
12:15-1:30pm, lunch provided  
St. Paul's Church  
166 High St., Newburyport, MA  
Info: jmgn2@yahoo.com
- 5 NEI Monthly Mtg @ 5-7pm**  
Newton-Wellesley Hospital\*

### June

- 1 Cycling for Serenity**  
11am-4pm, Arlington-Lexington  
Minuteman Bike Path  
**Start: 11:15pm sharp!**  
See article page 2 for details

- 9 NEI Monthly Mtg @ 5-7pm**  
Newton-Wellesley Hospital\*

### July

- 14 NEI Monthly Mtg @ 5-7pm**  
Newton-Wellesley Hospital\*

- 19-21 12-Step Retreat (Co-ed)**  
Chester, VT

\*All S.L.A.A. members, and especially Group Reps, are encouraged to attend NEI meetings either in person or by phone at:

**Newton-Wellesley Hospital**  
2014 Washington St, Newton  
Bowles Conference Room #6  
(Main hospital building)

**Conference call:** (605) 313-4446  
and enter Passcode: 774308#

## S.L.A.A. Speakers Bureau is Growing

### New speakers and groups encouraged to participate

by Joe G.

Last month, four of us took a trip out to Holyoke, Mass., to have dinner with fellow S.L.A.A. members and attend their local meeting. For some of us, the trip was more than two hours each way as we travelled from Fitchburg, Lowell, Boxborough, and Ipswich. There was a lot of camaraderie on the ride out and the ride back as well as much laughter and tremendous sharing of hope and recovery during dinner.

Jeremy B. from the Saturday Newburyport meeting was the featured speaker, and together we all had a great meeting. I always feel blessed when I attend different meetings and get to hear different member's stories and witness the recovery of their own souls and spirits. The message of freedom and of hope is powerful and the same wherever we go.

These commitment speaker engagements have been fantastic and are powerful experiences for furthering recovery. Not only do we get to meet great people from all over New England, but we also see different meeting formats and get new ideas to bring to our home groups. It is wonderful to meet and have new program friends from all over.

That being said, there have been a lot of changes in the commitment speaker program since we got it started. Paul H. and Bob M. have been organizing the speakers into 3-4 person groups who then commit to a couple of engagements a year. They have also started to compile a calendar of meetings all from over New England and are plugging in these commitment speaker groups where needed. A lot of those dates have already been filled, but there is always a need for more commitment speakers.

If you are interested in helping out with this by scheduling a speaker for your local meeting, joining us on future engagements, or putting together your own commitment speaker team, please contact Paul H. at paulhuggon@gmail.com.

### **STEP OF THE MONTH, STEP 5:**

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

### **TRADITION OF THE MONTH, TRADITION 5:**

Each group has but one primary purpose—to carry its message to the sex and love addict who still suffers.

# Come Along for the Ride!

## Cycling for Serenity -- Saturday, June 1<sup>st</sup>

Grab a bike and join your S.L.A.A. fellows on a leisurely ride along the Minuteman Bikeway, Saturday, June 1. We'll meet at Thorndike Park parking lot, 99 Margaret St., Arlington at 11am, easily accessible from Alewife MBTA. **We'll leave promptly at 11:15am**, and ride between 4-6 miles (depending on pace). We'll stop for lunch and a meeting. Pack a lunch or you can purchase food along the way. We'll return to the Alewife area around 3:45pm. For more info: visit [slaanei.org](http://slaanei.org), email [activities@slaanei.org](mailto:activities@slaanei.org), or call (617) 625-7961 and leave a message for Peter or Lisa.



## Group Rep AND Group Contact Needed for ALL meetings

Every S.L.A.A. meeting has an opportunity to have two members represent the group at NEI's monthly meetings. They are called Group Reps and they are elected during a business meeting of the group they represent. Why is this role important? Group Reps vote on NEI policies, budget decisions, and other activities that affect the functioning of the organization as a whole. There is a sobriety requirement of three months to vote at meetings, but those who do not meet the requirement can participate in discussions and give voice to the opinions of their group.

Each S.L.A.A. meeting also has a Group Contact. This person receives NEI mailings (in hard copy and/or electronic form) and distributes this information to meeting members. Some Group Contacts make copies of the newsletter and other flyers, but at minimum, the hope is these items are mentioned during the announcement portion of the meeting.

**Group Contacts are also responsible for completing an updated Meeting Registration Form** and filing it with NEI whenever there is a change to a meeting time, date, address changes as well as meeting name changes and contact changes such as what's listed below. Consider representing your meeting!

# Meeting Updates

### MONDAYS

**New Meeting:** CLAREMONT, NH. 6pm. Claremont Monday Night S.L.A.A. (C12D, 60 min) Center for Recovery Resources. 109 Pleasant St., Claremont, NH. Newcomer info, contact: Chris (603) 865-7148 or email [claremontnhslaa@gmail.com](mailto:claremontnhslaa@gmail.com).

**Discontinued Meeting:** NEWTON, MA, 7pm. "Come as you are." Grace Episcopal Church, 76 Eldredge St.

### TUESDAYS

**Discontinued Meeting:** BARNSTABLE, MA, 7pm. "A Gentle Path." Unitarian Church, Route 6A.

### THURSDAYS

**Change of location:** HAVERHILL, MA, 7:30pm (CSD12) Gentle Path Group. All Saints Parish Church, corner of 120 Bellevue Ave and 57 Bouchard Ave. Side Rear, downstairs, St. Rita Room. Newcomer contact: Joe B. at (978) 758-2064 or [jayeffbee41@gmail.com](mailto:jayeffbee41@gmail.com).

### SATURDAYS

**Discontinued Meeting:** BOSTON, MA. 8pm. 74 Kilmarnock St.