

April, 2014

[www.slaanei.org](http://www.slaanei.org)

617-625-7961

# NEI NEWSLETTER



New England Intergroup of S.L.A.A.

**'Holding on to anger is like grasping a hot coal with the intent of throwing it at someone else; you are the one who gets burned.'**

-- Buddha



**NEI Upcoming Events** NEI is planning some fellowship-building events in the coming months.



## April 2014

- April 13 – NEI Business Meeting, 5 PM
- April 26 – NEI Spring Gathering

## May 2014

- May 4 - NEI Business Meeting 5 PM
- May 17 – Mt Wachusett Hike

## June 2014

- June 13 – NEI Business Meeting 5 PM



## Upcoming Vermont 12-STEP Weekend Retreat Schedule

- July 18-20, 2014
- October 3-5, 2014
- December 19-21, 2014

*In Chester, Vermont  
(2 1/2-3 hours from Boston)*

The retreats are not only about sharing experience, strength, and hope, but a chance to have lots of fun and laughs as well! We not only work the Steps, but also provide an opportunity to get to know ourselves, as well as other S&L addicts in a safe place. For more information, visit our retreat web page at [www.slaanei.org/vtweekend.html](http://www.slaanei.org/vtweekend.html)

## NEW NEI CHAIR FINDS SOBRIETY IN SERVICE

Dear New England SLAA,

*I had a disagreement with someone in my family. I had a hard day at work. These are the events that used to happen before I acted out. These were the excuses I gave myself. If I was hungry, angry, lonely or tired that was also a good excuse. Acting out filled these voids.*

I came to my first meeting on a cold Saturday morning in November over 6 years ago. I went into a dark church basement in Quincy where I found a group of about 20 men sharing some things I discovered I had in common with them. I went in scared but came out feeling I had found people like me. There was intimacy in that cold dark room, the type I could not find acting out in front of a computer screen. I am thankful for that cold dark room.

Now I have my program and my fellowship. Instead of porn, I choose to go to a meeting, make a phone call, do service, read and journal or work the program another way. Our program is not always easy, but it has kept me sober for two years and three years before that.

After two years of going to meetings I was asked to be an alternate group representative at the Intergroup meeting. I was reluctant at first but in our program I've learned that fear keeps me down. So I said yes. I've been going to New England Intergroup meetings for over four years. For me, service is and has been a powerful part of my program.

On January 12 of this year I was nominated and then elected, through group conscience, to be the intergroup chairperson for the next two years. I don't usually think of myself as a leader, or participator, but I have learned in this program that when I let go of my history, and listen to my higher power, I will have miracles in my life. So I trusted the process and accepted the position.

I extend an invitation to all of us to take the 12<sup>th</sup> step to the next level. Don't be afraid. I promise you will get more out of it than you put into it.  
In service,  
Peter S.

## NEWS BRIEFS

**\*\* NEI ELECTS NEW VICE CHAIR.** The office of Vice Chairperson was filled on Sunday, March 9 when Michael T accepted the nomination and was elected by group conscience at the NEI business meeting. He will fill that position for a 2 year period.

**\*\* NEI ACTIVITIES COMMITTEE** is planning a number of activities over the next several months including the **Spring Gathering** on April 26 at Andover Newton Theological Seminary, a hike up **Mount Wachusett** on May 17 and a summer **NEI Barbeque** on August 16 at Houghton's Pond in the Blue Hills. These events are planned to enhance fellowship and sobriety and to have fun. Take advantage of these events and actively participate. All are welcomed. **MAKE SURE TO SAVE THE DATES!!**

**\*\* NEI SERVICE OPPORTUNITIES AVAILABLE** One officer position is available for qualified SLAA members. The office of Corresponding Secretary is an important and rewarding position for the right person. Please contact [www.slaanei.org](http://www.slaanei.org) for further information. There are also many other opportunities for service at NEI including but not limited to phone service volunteers, group reps and alternative reps. Please inquire to find out how you can share your experience, strength and hope to help yourself and others in this fellowship.

**Does your group need  
S.L.A.A. Basic Texts,  
pamphlets or chips?**

Local S.L.A.A. meetings in Eastern MA and Rhode Island are encouraged to order their S.L.A.A. literature through New England Intergroup (NEI). Simply fill out the order form found at the NEI website, <http://www.slaanei.org>. Email an order to [literature@slaanei.org](mailto:literature@slaanei.org). Orders may alternatively be mailed to our P.O. Box and picked up at the next NEI business meeting as long as it's ordered 3 weeks in advance. Or place your order through Fellowship Wide Services at <http://www.slaafws.org> or at 1-210-828-7900.



**Contact us at [mailinglist@slaanei.org](mailto:mailinglist@slaanei.org) to be added to our emailing list. Thank you.**



**OPPORTUNITIES TO GET INVOLVED**

PLEASE FEEL FREE TO COME TO THE NEI BUSINESS MEETINGS TO SEE WHAT'S HAPPENING. THIS IS YOUR FELLOWSHIP.

*Our next NEI business meeting is Sunday, April 13, 2014 from 5:00PM to 7:00PM.* We invite all S.L.A.A. members to join us **AND PARTICIPATE** at Newton - Wellesley Hospital - Room AR 345 in the Allen-Riddle Building.



**CONSIDER THOSE ADDICTS**

who are isolated or shut ins or otherwise unable to get to meetings. There are online and telephonic meetings. **Attend online and telephone meetings as often as possible.** You will find a list of these at:

<http://directory.slaafws.org/>.



*The views expressed in the NEI Newsletter are the opinions of the respective authors and do not necessarily reflect those of New England Intergroup.*

**STEP AND TRADITION OF THE MONTH**

**STEP 4: Made a searching and fearless moral inventory of ourselves.**

**TRADITION 4: Each group should be autonomous except in matters affecting other groups or S.L.A.A. as a whole.**

**NEI's Annual Spring Recovery Gathering!**

New England Intergroup, P. O. Box 1375, Brookline, MA 02446  
617-625-7961, <http://www.slaanei.org>

*The Conference is open to anyone who is recovering from sex and/or love addiction or wants to find out more about Sex and Love Addicts Anonymous.*

This Spring's Theme:

**The 5S's – Sobriety, Steps, Sponsorship, Spirituality & Service**

Saturday, April 26, 2014

8:30 am *Conference Registration begins*

9:00 am – 6:30 pm *Keynote speakers / Recovery topic meetings*

**WEBSITE HELP NEEDED**

NEI is planning on an upgrade of the website [www.slaanei.org](http://www.slaanei.org). Currently the Website committee is meeting telephonically every other week. A decision has been made to work with Wordpress. Content is being discussed and some has been selected.

We are looking for an experienced person who can volunteer his/her time to help develop the site so it can better serve the membership and newcomers. Experience with Wordpress is a must. Please contact Lisa P at <http://www.slaanei.org> or at: **617-625-7961**

**Conference Prison Outreach Committee (CPOC)**

The Mission of the Prison Outreach Committee (Updated Apr 9, 2012): To carry our message of recovery from sex and love addiction to the addict who still suffers inside and outside the legal system.

**Also >>>>>>>>**

**PENPALS NEEDED**

Please consider doing service by being a pen pal to a prisoner. There are 2 prisoners in Massachusetts looking for a pen pal and 14 across the country.

Please consider these types of service to the fellowship. Contact the CPOC at: <http://www.slaafws.org/contact/Conference+Prison+Outreach+Committee>

**LOCAL MEETING CHANGES**

**SUNDAY, RI. WARWICK**, 7:30 PM (CD12) All Saints' Episcopal Church, 111 Greenwich Ave **Needs Support**

**THURSDAY, MA. TOPSFIELD**, 7:00 PM (OSDT,h) Topsfield SLAA. Trinity Episcopal Church, 124 River Road, Library Room. **New Meeting**

**THURSDAY, MA. BARNSTABLE**, 7:00 PM (CSD12,h) Presbyterian Church of Cape Cod, 2391 Iyannough Rd. Effective 02/06, this group **IS NOT MEETING**. Please contact Wil at (508) 801-7186 for more information.

**IMPORTANT MESSAGE TO ALL GROUPS** All changes to the meeting list will require an NEI Meeting Registration Form to be completed. This applies to any time, date, place or address changes as well meeting name changes and contact changes. A form can be downloaded at [www.slaanei.org/neiforms.html](http://www.slaanei.org/neiforms.html)