

April, 2016

www.slaanei.org

617-625-7961

NEI NEWSLETTER



New England Intergroup of S.L.A.A.

"What was 'between the lines' of our written inventory was often more important than the lines themselves".

--S.L.A.A. Basic text Step 4 reading

NEI Sponsored Calendar of Events 2016 (Check with NEI to confirm date & times or changes.)

April, 2016

- 10 NEI Monthly Mtg @ 5pm
23 Spring Recovery Gathering Andover
Newton Theological School (ANTS)

May, 2016

- 1 NEI Monthly Mtg @ 5pm
21 Hike & Meeting at Top Wachusett Mountain

June, 2016

- 12 NEI Monthly Mtg @ 5pm
17-19 12 Step Retreat La Salette Retreat Ctr, Attleboro, MA

July, 2016

- 12 NEI Monthly Mtg @ 5pm
15-17 12 Step Retreat Chester, VT

August, 2016

- 5-7 40th Anniversary International Recovery Convention Hyatt Regency Boston Harbor Hotel (airport)

(Check with NEI to confirm date & times or changes.)

617-625-7961 OR www.slaanei.org

Planning for S.L.A.A.'s 40 Anniversary International Recovery Convention in Boston!

The planning for S.L.A.A.'s 40th Anniversary is well underway and we are asking for your help to make this an unforgettable event! The Annual Business Meeting(ABM)/International Recovery Convention (IRC) planning committee is working diligently by meeting bi-weekly to create an amazing recovery event to celebrate S.L.A.A.'s 40th Anniversary. The committee has created a flyer requesting the input of members as to what topics they are interested in hearing about in workshops. Please help us distribute the flyer at your meetings and to members all over. This is the best way for us to create a diverse program that has something for everyone. The committee asks for the responses to be returned to NEI by 4/30/16. We hope to have approximately 50 workshops, 4 speaker meetings and a banquet on Saturday night. This is going to be an event not to miss!

NEI needs to create souvenirs of the event and the celebration. Possible items include t-shirts, coffee mugs, flash drives for downloading convention audio recordings, pens with recovery slogans and wrist bands. If you have any knowledge of production of items such as these, please let the planning committee know.

If you would like to help us with the planning, you can attend the planning committee in person or via conference call. Please contact the planning committee via email at IRC2016@slaanei.org and we will send you the location and/or call in number. Helping to plan this once in a lifetime event is a great way to do service. We need your help!

NEI Web Site has a New Look

NEI is proud to announce that we have a new web site. A web site committee has been meeting since 2014 to create the new site which has been built in WordPress. When choosing the theme the Committee preferred a site which would be easy to update and viewable on multiple devices, so the Committee voted on a responsive theme which had high user ratings. The old/original NEI web site was created 13 years ago in 2003 using html on a Linux server.

Some features of the new web site include a more robust way to view meeting locations - there is a Google map listing of all meetings who opt to have their address listed on NEI's web site. Those attending a meeting for the first time can click on the meeting address and click another button to get directions from their current location. There is also a meeting sort by days of the week, and links to S.L.A.A. telephone and online meetings for those in areas where there are no in-person meetings.

Other features of the new site include a listing of frequently asked questions, information on how to start new meetings, links to S.L.A.A. 8 Core documents, materials on Anorexia in S.L.A.A., and user friendly forms for requesting literature, adding groups to NEI meeting list, etc.

Thank you to all Web Site Committee members who made this happen – Patrick, Peter, David, Rich as well as our graphic and technical folks – Doug, Chris and Matt and all those who contributed to the content.

Checkout our new site at www.slaanei.org and feel free to let us know what you think at the [ContactUs](#) page.

Lisa, NEI Web Site Committee Chair

NEWSBRIEFS

** IS YOUR MEETING REPRESENTED IN NEI? CHECK WITH YOUR MEETING. IF NOT YOU CAN REPRESENT YOUR MEETING AS A GROUP REP OR ALTERNATE REP AND ATTEND NEI BUSINESS MEETINGS.

Does your group need S.L.A.A. Basic Texts, pamphlets or chips?

Local S.L.A.A. meetings in Eastern MA and Rhode Island are encouraged to order their S.L.A.A. literature through New England Intergroup (NEI). Simply fill out the order form found at the NEI website, <http://www.slaanei.org>.

Email an order to literature@slaanei.org. Orders may alternatively be mailed to our P.O. Box and picked up at the next NEI business meeting as long as it's ordered 3 weeks in advance. Or place your order through Fellowship Wide Services at <http://www.slaafws.org> or at 1-210-828-7900.



Contact us at mailinglist@slaanei.org to be added to our emailing list. Thank you.



OPPORTUNITIES TO GET INVOLVED

PLEASE FEEL FREE TO COME TO THE NEI BUSINESS MEETINGS TO SEE WHAT'S HAPPENING. THIS IS YOUR FELLOWSHIP.

*Our next NEI business meeting is Sunday, April 10, 2016 from 5:00 - 7:00 PM. We invite all S.L.A.A. members to join us **AND PARTICIPATE** at Newton - Wellesley Hospital - Room AR 100 in the Allen-Riddle Building.*



TELEPHONE AND ONLINE MEETINGS --

There are those of us who are isolated or otherwise unable to get to meetings. Consider online and telephone meetings. **Attend online and telephone meetings as often as possible.** Telephone meetings are a perfect driving companion! You will find a list of these at:

<http://directory.slaafws.org/>.



The views expressed in the NEI Newsletter are the opinions of the respective authors and do not necessarily reflect those of New England Intergroup.

STEP AND TRADITION OF THE MONTH

STEP 4: Made a searching and fearless moral inventory of ourselves.

TRADITION 4: Each group should be autonomous except in matters affecting other groups or SLAA as a whole.

Step 4: Made a searching and fearless moral inventory of ourselves.

In Step 3, we decided to turn our will and life over to the care of our Higher Power. Step 4 is how we begin to identify the things that block us from our Higher Power. We look at our resentments and fears. We reevaluate all our assumptions, beliefs and feelings. We are taking stock of all the manifestations of our self will. We begin to see that our resentments and fears are so much like our addiction – we give ourselves over to them, becoming completely enslaved by them. The inventory is searching, as we also look at what is lurking between the lines. We are searching for the truth behind our resentments and fears, fearlessly looking at our part in them, then applying the proper perspective to allow us to move forward. Finally we are facing ourselves. We begin to see how, as our as our instincts were threatened, we reacted from our character defects. Our self has been literally out of control. As we see that the origin of these fears and resentments are largely within ourselves, we realize that we can affect change. With our Higher Power's help, we can change what we believe and act on those new beliefs. To balance out our inventory, we also acknowledge our strengths and assets. As we move onto Step 5, we now have the courage to change the things we can.

Craig G

LOCAL MEETING CHANGES

SUNDAY – RI. BARRINGTON, 6:45PM (OLSD12, 1 hour). Women's Love Addiction Relief Meeting. St Matthew's and Mark's Church, 5 Chapel Road **New Meeting**

MONDAY – MA. JAMAICA PLAIN, 6:30PM (OLS12DTNFH, 60 min), "Alone No More" An Anorexia-focused S.L.A.A Meeting, Farnsworth House, 90 South Street, Library. Everybody's welcome! **New Meeting**

MONDAY - MA. CAMBRIDGE, 7:00 PM (C12,NF,H, 60 min) Men's Step Meeting. First Church Cambridge, 11 Garden Street. **Group does not meet on Monday Holidays**

WEDNESDAY - MA. NEWBURYPORT, 7:00 PM (CLD) Women's Meditation Meeting, Library of St. Paul's Church, 166 High St. Lower Hall, last classroom. **New Meeting**

WEDNESDAY - MA Boston 7:00PM (OSD, h, nf) Sharing Our Strength (Men's Meeting) Church of the Covenant, 67 Newbury St. Second Floor Library. Enter Newbury Street door. If door is locked ring church office bell. For questions, information and tips on parking contact Mass4334@gmail.com. Beginners contact Rob at Rob2891@yahoo.com. **Effective 03/02/16 the two Wednesday Boston Sharing our Strength men's meetings (6:30PM beginner's & 7:30PM meeting) will be combined into one meeting which starts at 7:00PM**

THURSDAY – MA. EAST FALMOUTH, 5:30PM (OLS12. 1 hour) Women's Meeting. Waquoit Congregational Church, 15 Parsons Lane, Basement. **New Meeting**

THURSDAY - MA. WEYMOUTH, 7:00 PM (CDL12,h) Men's Meeting. Church of the Nazarene, 385 Ralph Talbot St., Rooms 9-10 **New Meeting Needs Support**

FRIDAY - MA. ORLEANS, 8:00 PM (CDL12, 60 min) Pause A While, 26 Giddiah Hill **Needs Support**

IMPORTANT MESSAGE TO ALL GROUPS All changes to the meeting list will require an NEI Meeting Registration Form to be completed. This applies to any time, date, place or address changes as well meeting name changes and contact changes. You can submit updates online at <http://slaanei.org/meetings/register-or-update-meeting/>