

January 2018

www.slaanei.org

(617) 625-7961

# NEI NEWSLETTER



New England Intergroup of S.L.A.A.

## "Service Keeps You Sober"

12-Step Adage

### NEI Events

#### January 2018

**13** A Meeting & A Movie, 3-6 p.m.  
Grace Episcopal Church, Newton  
Movie: "Anonymous People"  
**Free**; 7<sup>th</sup> Tradition collection  
during meeting.

**21** NEI Monthly Mtg @ 5pm\*  
Agenda includes **ELECTION** of  
Service Positions. NEI meetings  
open to all. **Please join us!**

The following positions are open,  
with sobriety requirement noted:

- Chairperson (1 year)
- Vice Chairperson (1 year)
- Recording Secretary (none)
- Corresponding Sec'y (1 year)
- Treasurer (1 year)
- Outreach Chairperson (none)
- Newsletter Editor (none)
- Website Coordinator (6 months)
- Literature Secretary (none)
- Phone Coordinator (6 months)
- Activities Chairperson (none)

#### February 2018

**10** We Are Not Alone Event, 3-6pm  
Grace Episcopal Church, Newton

**11** NEI Monthly Mtg @ 5pm\*

#### March 2018

**11** NEI Monthly Mtg @ 5pm\*

**23-25** 12 Step Retreat, Chester, VT

\* NEI Monthly Mtg @ 5pm  
Newton-Wellesley Hospital  
Open to all S.L.A.A. members.  
Allen-Riddle Bldg, Rm 100  
(Small brick building adjacent to  
main hospital)

Or participate by phone.  
Call the conference line

**(712) 432-6100**

**Passcode: 74128638#**

## Benefits of NEI Service Abound

Why not step up and attend NEI's Elections Jan. 21 @ 5 p.m.?

As always, you and every member of S.L.A.A. is encouraged to attend the monthly NEI meetings. Location and how to participate by phone are detailed at left. Please consider taking one of the positions listed – all you need to do is attend and let your interest in service be known. Higher Power has a way of taking care of the rest. **Here's what current volunteers have to say about service:**

### David B., Recording Secretary

*"Since I started doing service, I've developed more confidence in myself. I've learned that I am capable of chairing a meeting, of being a treasurer, of being an intergroup rep. Participating in business meetings has taught me that my voice matters, that I have something of value to contribute and that I won't be disliked if my opinion disagrees with the majority's opinion.*

*Doing service has also taught me to forgive myself for mistakes. I've made mistakes taking service positions in my meetings, such as misunderstanding the format when chairing or forgetting to start the timer when keeping time. When I make these mistakes, people forgive me, just as when I forgive others when they make the same mistakes. Making a mistake doesn't mean I'm stupid or incompetent or a bad person. It means I'm a normal, non-perfect human being. I've learned that any mistake I make is probably a common mistake that a lot of people make. Doing service has taught me confidence, humility, and how to forgive myself. These lessons are worth much more to me than the time and effort I have given in service."*

### Jenny R., Activities Chairperson

*"Service has been an amazing gift. From the beginning, my sponsor found lots of service opportunities that I could do: set up chairs, welcome newcomers, put out literature, help with gatherings, and participate in NEI work. These actions helped me develop some amazing skills. I never would have imagined that learning how to help a newcomer would enable me to parlay a career and help me to be of service, self-lessly, in the program and the world. I have such gratitude that I get to give back to the program and the return is greater than I could have ever imagined. Thank you!"*

**STEP OF THE MONTH, STEP 1:** We admitted we were powerless over sex and love addiction - that our lives had become unmanagable.

**TRADITION OF THE MONTH, TRADITION 1:** Our common welfare should come first; personal recovery depends upon S.L.A.A. unity.

## 12-Step Women's Weekend Retreat Feb. 16-18, 2018 Flemington, NJ

Presented by the Greater  
Delaware Valley Intergroup

The retreat's location is a quaint bed & breakfast in downtown Flemington, located in Hunterdon County NJ. S.L.A.A. women or women who feel they can benefit from our program are invited. For full description, visit [www.slaadvi.org](http://www.slaadvi.org) or email [nj12stepretreat@gmail.com](mailto:nj12stepretreat@gmail.com)

### AWOL Group Forming

A new AWOL (A Way of Life) will be starting in Newburyport as soon as 6-8 people sign up. It'll be at St. Paul's Episcopal Church, Saturdays, 9-10am. The group will use **A Gentle Path through the 12 Steps** by Patrick Carnes. Interested? Email Laura at [laurae1967us@yahoo.com](mailto:laurae1967us@yahoo.com)

### New Speaker Initiative Keeps Growing

S.L.A.A. speakers are traveling to different S.L.A.A. meetings throughout New England. Is your group interested in having a new voice? Interested in sharing your experience, strength and hope? Here's how:

#### Want to be a speaker?

Email [jmgn2@yahoo.com](mailto:jmgn2@yahoo.com) to get calendar announcements about speaking opportunities.

#### Need speaker for meeting?

Email [jmgn2@yahoo.com](mailto:jmgn2@yahoo.com) for a speaker request form that asks for the date, meeting type, sobriety requirements, etc. so an appropriate match can be made.

## Is Your Meeting's Group Contact Info Current?

Sometimes NEI gets calls from newcomers who have gone to a meeting listed on the S.L.A.A. website (or printed list) only to find no one there. *Oh, no. How discouraging!*

NEI service volunteers do our best to keep information updated, but we need help from each group, while always keeping in mind **Tradition 4: Each group should be autonomous except in matters affecting other groups or S.L.A.A. as a whole.** We'd like to hear from each group that they have a current GROUP CONTACT. The GROUP CONTACT'S information will remain CONFIDENTIAL and will NOT be shared. It is solely for NEI's monthly mailing list or if NEI needs to get in touch with a group.

There are currently a number of groups that do not have a group contact. It would be very helpful if each group would submit updates online at [slaanei.org/meetings/register-or-update-meeting/](http://slaanei.org/meetings/register-or-update-meeting/)

NOTE: All changes to the meeting list require an **NEI Meeting Registration Form** to be completed. This applies to any time, date, room or address changes as well as meeting name changes and contact changes. Submits updates online at [slaanei.org/meetings/register-or-update-meeting/](http://slaanei.org/meetings/register-or-update-meeting/)

### New Local Meetings and Meeting Changes

#### SUNDAY – BEVERLY, MA 7 p.m. (CDSL)

*To Tell the Truth*, Memorial United Methodist Church, 2 Dane St, Across from HESS Gas. Parking in back, enter through white door and proceed downstairs on right.

**Meeting changes from open to closed.**

#### TUESDAY – BARNSTABLE, MA 7 p.m. (C12)

*A Gentle Path*. Unitarian Church of Barnstable, 3330 Main St (Rte 6A). Enter the church and go downstairs, meeting is held all the way down the hall, last room on the left. Step writing using Patrick's Carnes 'A Gentle Path,' please bring this book with you.

#### TUESDAY – BURLINGTON, MA 6 p.m. (CD, 1 hour)

Please contact meeting contact, John, for location information at (617) 549-6847 or [johnma384@gmail.com](mailto:johnma384@gmail.com).

#### TUESDAY – DANVERS, MA , 7 p.m. (OSD12)

Lahey Health Behavioral Services (LHBS), Meeting in first room on left, inside lobby. Directions: Rt 62, westbound from US1, left at first traffic signal, turn at 1st right, go up hill 0.2 mi. to first stop sign. Bear right after stop sign (Hawthorne Circle, not marked). Go 0.2 mi. to first right hand turn, the entrance to LHBS. (Note: Mapquest will locate the entrance with the official address: 111 Middleton Road, but there are no Middleton Road street signs.) **Name change of facility where meeting is held—same location.**

#### THURSDAY – BOSTON, MA , 12 p.m. (CDSH12)

St. Anthony's Shrine, 100 Arch Street, 2nd floor via elevator, around corner to the right, room 22. Newcomer questions contact Kurt at [bleu.anvil@gmail.com](mailto:bleu.anvil@gmail.com)

**Change of meeting room – same meeting location.**

#### THURSDAY – YORK, ME 7 p.m. (CS12DH, 60 minutes).

*York Recovery Meeting*. York-Ogunquit United Methodist Church, 1026 US -1. (Meeting room is down left corridor from front entrance). **New meeting.**

#### FRIDAY PROVINCETOWN, MA, 5:30 p.m. (CSD12H, 60min).

This group meets the 1st and 3rd Friday of each month. United Methodist Church, 10 Shank Painter Road.

Rear meeting room. **As of 11/03/17 meeting at 5:30 p.m. (instead of 6:30 p.m.) until further notice - 1st and 3rd Friday of each month.**