

July, 2016

www.slaanei.org

617-625-7961

NEI NEWSLETTER



New England Intergroup of S.L.A.A.

"We were becoming vessels more suited to God's purpose".

--S.L.A.A. Basic text Step 7 reading

NEI Sponsored Calendar of Events 2016

(Check with NEI to confirm date & times or changes.)

July, 2016

10 NEI Monthly Mtg @ 5pm

15-17 12 Step Retreat
Chester, VT

August, 2016

5-7 40th Anniversary
International Recovery Convention
Hyatt Regency Boston Harbor
Hotel (airport)

14 NEI Monthly Mtg @ 5pm

September, 2016

11 NEI Monthly Mtg @ 5pm

23-25 Anorexia 12 Step Retreat
Chester, VT

30- Oct 2 12 Step Retreat
Chester, VT

October, 2016

9 NEI Monthly Mtg @ 5pm

November, 2016

13 NEI Monthly Mtg @ 5pm

(Check with NEI to confirm date & times or changes.)
617-625-7961 OR www.slaanei.org

S.L.A.A. Inspiration Line 215-574-2120

Your 24/7 Sponsor

A daily recorded message of experience, strength and hope with an opportunity to share by leaving your own message. Topics are brought up that one wouldn't think about or share on otherwise. Great for the drive to work!

IRC Workshops and Program available online -Consider leading a workshop or recommending to a friend

by Betsy L.

Developing a diverse and engaging program for this year's IRC convention in Boston Aug. 5-7 - **40 Years Evolving and Growing in Recovery** - has been extra special for the NEI local planning committee, as it was here in Boston that the program was first founded in 1976. The breadth and depth of the planned workshops and speakers reflects how much the S.L.A.A. program itself has grown in the past four decades.

Recognizing that our members come from a variety of backgrounds, experiences, and geographic locations, the program strives to balance the bedrocks of S.L.A.A. recovery - with workshops on the Steps, the Traditions, using the tools of recovery, withdrawal, the sponsor/sponsee relationship, and others - with more targeted discussions on topics such as cross addiction, healing from trauma, anorexia, recovery as a member of the LGBT community, how to maintain safe and healthy sobriety while traveling, and-presented as a question-*Healthy Masturbation?*

There will be a number of workshops focusing on healthy dating and relationships. These include: *I Have No Time to Rush* (Dating: When, a Plan, Setting Boundaries); *Building Intimacy* (with God, Ourselves and Others); and *Redefining the Relationship* (Couples in Recovery). It is anticipated, and hoped, that partners and friends of SLAA members may attend the IRC as well (tickets for just the Saturday night banquet are also available). Special "co-S.L.A.A." offerings are included, such as: *Living with a Sex and/or Love Addict* and *Time + Good Behavior = Rebuilding the Trust*. Some meetings will be for S.L.A.A. members only and other sessions will be recommended for newcomers. All will be clearly identified in the program brochure distributed at the IRC, but you can get a preview on the NEI website.

Given that S.L.A.A. itself is celebrating its 40th anniversary, several workshops acknowledge those who have been in the Fellowship a long time, such as: *Happy, Joyous, & Free* (Humor & Fun in Recovery); *Healthy Sex: Creating A Healthy Sexual Ideal*; and *Maintaining a Life of Sobriety* (long-term recovery).

By sharing these topics with you now, members of NEI's IRC local planning committee hope it will inspire you not only to register (if you haven't already!) but also to consider volunteering to be a leader or co-leader of one or more of these workshops. If you'd like to lead a workshop, or be considered for a keynote speaking role, please fill out the speaker form on the NEI website and SUBMIT IT IN AS SOON AS POSSIBLE.

The easiest way to obtain the form is to go to the NEI website www.slaanei.org and follow the links. So invite your friends who are sharing your journey. It's going to be a great celebration of **40 Years Evolving and Growing in Recovery!**

Calling All Members to Volunteer for the IRC 2016

We are looking for volunteers for the 40th Anniversary International Recovery Convention (IRC)

The Service Areas we need to fill are:

- Production Team
- Registration Table
- Hospitality Suite/Store
- Auction
- Speaker
- "Wherever Needed"

If you have any questions or are interested contact our volunteer committee at ircvolunteers2016@gmail.com. What a great way to give back to "your" fellowship!

Does your group need S.L.A.A. Basic Texts, pamphlets or chips?

Local S.L.A.A. meetings in Eastern MA and Rhode Island are encouraged to order their S.L.A.A. literature through New England Intergroup (NEI). Simply fill out the order form found at the NEI website, <http://www.slaane.org>. Email an order to literature@slaane.org. Orders may alternatively be mailed to our P.O. Box and picked up at the next NEI business meeting as long as it's ordered 3 weeks in advance. Or place your order through Fellowship Wide Services at <http://www.slaafws.org> or at 1-210-828-7900.



Contact us at mailinglist@slaane.org to be added to our emailing list. Thank you.



OPPORTUNITIES TO GET INVOLVED

PLEASE FEEL FREE TO COME TO THE NEI BUSINESS MEETINGS TO SEE WHAT'S HAPPENING. THIS IS YOUR FELLOWSHIP.

Our next NEI business meeting is Sunday, July 10, 2016 from 4:00 - 7:00 PM. We invite all S.L.A.A. members to join us **AND PARTICIPATE** at Newton - Wellesley Hospital - Room AR 100 in the Allen-Riddle Building.



TELEPHONE AND ONLINE MEETINGS --

There are those of us who are isolated or otherwise unable to get to meetings. Consider online and telephone meetings. **Attend online and telephone meetings as often as possible.** Telephone meetings are a perfect driving companion! You will find a list of these at:

<https://slaafws.org/meetings/>

The views expressed in the NEI Newsletter are the opinions of the respective authors and do not necessarily reflect those of New England Intergroup.

STEP & TRADITION OF THE MONTH

STEP 7: Humbly asked God to remove our shortcomings.
TRADITION 7: Every S.L.A.A. group ought to be fully self-supporting, declining outside contributions.

The 7th step is such a powerful step. It offers so much hope. What is so powerful about the 7th step is when I am humble, I am out of myself and naturally connected to my Higher Power. What a great place to be! When I "humbly ask", I am finally admitting that I need help. I am finally admitting that I can't do it on my own and am now entirely ready have these shortcomings removed that stand in the way of doing God's will. I now realize that God works through me. I do want to be a vessel more suited for His purpose. The vessel that was doing "my" purpose was taking on water and sinking fast.

This program is about getting rid of the things that stand in the way of our relationship with God. We finally shift the focus off ourselves towards helping others and serving God.

Craig G

LOCAL MEETING CHANGES

SUNDAY - MA. BROOKLINE, 7:15 PM) "One breath at a time" Women's meditation meeting. This meeting is currently on hold for the summer and will resume as of 09/11/16.

SUNDAY - MA. BROOKLINE, 8:00PM Women's meeting. This meeting moves to Thursdays at 7:30PM through 09/08/16 and then back to Sundays as of 09/11/16 (please see Thursday meeting listing for more details).

TUESDAY - MA. BOSTON, 12:00PM (ODL12H,60 min). Tuesday Golden Dome meeting, Paulist Center, 5 Park Street, 3rd floor library (near Park Street train -green and red lines) New meeting

WEDNESDAY - MA. TISBURY (Martha's Vineyard), 5:15 PM (O). Meeting has disbanded

WEDNESDAY - MA. BOSTON 7:00 PM (OSDHNf) Sharing Our Strength (Men's Meeting). Church of the Covenant, 67 Newbury St. Second Floor Library. Enter Newbury Street door. If door is locked ring church office bell. For questions, information and tips on parking contact Mass4334@gmail.com Meeting time clarification

THURSDAY - MA. BROOKLINE, 7:30PM (OSLD12nf, 75 min) Women's meeting. All women suffering from sex and love addiction are encouraged to attend. The 4th Thursday of the month focuses on sexual anorexia. Please contact email Kim for the new room assignment and for more information. Meeting has changed from Sunday 8pm to a summer schedule. New meeting day and time same location until its regularly scheduled time of Sunday 8pm begins again 9/11/16

THURSDAY - MA. BOSTON, 12:00 PM (CD12), St. Anthony's Shrine, 100 Arch Street, Basement via elevator, in classroom to the right of the kitchen (not in the AA room) More details on room location

THURSDAY - MA. BARSTABLE, 7:00 PM (CLD) S.L.A.A. by the Sea, Unitarian Church of Barnstable, 3330 Main Street. Enter through front door, downstairs room is on the left in the rear of the basement. New meeting

FRIDAY - MA. ORLEANS, 8:00 PM (CDL12, 60 min) Pause A While, 26 Giddiah Hill On Hold Until Further Notice.

IMPORTANT MESSAGE TO ALL GROUPS All changes to the meeting list will require an NEI Meeting Registration Form to be completed. This applies to any time, date, place or address changes as well meeting name changes and contact changes. You can submit updates online at <http://slaane.org/meetings/register-or-update-meeting/>