

February, 2016

www.slaanei.org

617-625-7961

NEI NEWSLETTER



New England Intergroup of S.L.A.A.

"As we came to appreciate the magnitude and mind-altering nature of sex and love addiction,...we had to admit that we could not reshape our whole identity unaided."

--S.L.A.A. Basic text Step 2 reading

NEI Sponsored Calendar of Events 2016
(Check with NEI to confirm date & times or changes.)

February, 2016

- 13 Annual We Are Not Alone Mtg/Get Together Grace Church, Newton, MA.
- 14 NEI Monthly Mtg @ 5pm

March, 2016

- 18-20 12 Step Retreat, Chester, VT
- 13 NEI Monthly Mtg @ 5pm

April, 2016

- 10 NEI Monthly Mtg @ 5pm
- 23 Spring Recovery Gathering Andover Newton Theological School (ANTS)

May, 2016

- 1 NEI Monthly Mtg @ 5pm
- 21 Hike & Meeting at Top Wachusett Mountain

June, 2016

- 12 NEI Monthly Mtg @ 5pm
- 17-19 12 Step Retreat La Salette Retreat Ctr, Attleboro, MA

(Check with NEI to confirm date & times or changes.)

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2016 Officers and Directors Election Results

A note from outgoing NEI Chair – Peter S:

Our election for Intergroup officers and directors took place on January 10, 2016. We used some creativity and flexibility, suggested by Jen R, in filling the positions. We voted to rotate the Chair and Vice Chair positions monthly for the time being. For the month of January Seth S was elected Chair and Peter S was elected Vice Chair. We voted that the rest of the positions would be a one year commitment instead of two. Mike T was elected Treasurer. Seth S was elected Outreach Chairperson and Craig G was elected the Newsletter Editor. David B was re-elected Literature Secretary and Peter S was re-elected the Telephone Coordinator position. Lisa P is willing to remain on the web site committee however we need a Coordinator. Jen R remains the Retreat Coordinator. We are in need of an Activities Chair, Corresponding Secretary and Recording Secretary.

Thanks and acknowledgement go to the outgoing Treasurer, Bob G; the outgoing Newsletter Editor, Rich N; Patrick, who was the Vice Chair and acting Corresponding Secretary; Lisa P, the Website Coordinator; Wil C, the Outreach Coordinator and ABM Representative and Kim B, the former Corresponding Secretary.

NEI needs help! Please let people in your group know that NEI is looking for group representatives and officers. It is a great way to do service and give back to our great fellowship. And as at your meetings, you couldn't ask for a greater group of people to do service with (and laugh with).

NEWSBRIEFS

**** IS YOUR MEETING REPRESENTED IN NEI? CHECK WITH YOUR MEETING. IF NOT YOU CAN REPRESENT YOUR MEETING AS A GROUP REP OR ALTERNATE REP AND ATTEND NEI BUSINESS MEETINGS.**

**** NEI HOSTING THE 2016 ANNUAL BUSINESS MEETING AND INTERNATIONAL RECOVERY CONVENTION, which will mark the 40th anniversary of S.L.A.A. S.L.A.A. started as a meeting in Newton, Massachusetts in 1976. Please contact NEI to help. Email: IRC2016@slaanei.org Postal mail: NEI, P. O. Box 1375, Brookline, MA 02446**

Does your group need S.L.A.A. Basic Texts, pamphlets or chips?

Local S.L.A.A. meetings in Eastern MA and Rhode Island are encouraged to order their S.L.A.A. literature through New England Intergroup (NEI). Simply fill out the order form found at the NEI website, <http://www.slaanei.org>. Email an order to literature@slaanei.org. Orders may alternatively be mailed to our P.O. Box and picked up at the next NEI business meeting as long as it's ordered 3 weeks in advance. Or place your order through Fellowship Wide Services at <http://www.slaafws.org> or at 1-210-828-7900.



Contact us at mailinglist@slaanei.org to be added to our emailing list. Thank you.



OPPORTUNITIES TO GET INVOLVED

PLEASE FEEL FREE TO COME TO THE NEI BUSINESS MEETINGS TO SEE WHAT'S HAPPENING. THIS IS YOUR FELLOWSHIP.

Our next NEI business meeting is Sunday, February 14, 2016 from 5:00 -7:00 PM. We invite all S.L.A.A. members to join us **AND PARTICIPATE** at Newton - Wellesley Hospital – Room AR 100 in the Allen-Riddle Building.



TELEPHONE AND ONLINE MEETINGS --

There are those of us who are isolated or otherwise unable to get to meetings. Consider online and telephone meetings. **Attend online and telephone meetings as often as possible.** You will find a list of these at:

<http://directory.slaafws.org/>.



The views expressed in the NEI Newsletter are the opinions of the respective authors and do not necessarily reflect those of New England Intergroup.

STEP AND TRADITION OF THE MONTH

STEP 2: Came to believe that a Power greater than ourselves could restore us to sanity.

TRADITION 2: For our group purpose there is but one ultimate authority -- a loving God as this Power may be expressed through our group conscience. Our leaders are but trusted servants; they do not govern.

Step 2 Came to believe that a Power greater than ourselves could restore us to sanity.

This is the part of our program where we begin to believe that we can change. There is help. In the first step we surrendered our old perceptions. We give up on our solutions that obviously are not working.

It is human nature that whatever we believe, we become. We believed sex and love was going to solve all our problems. Look at how that turned out.

This step also implies that we are insane, which in most cases is an apt description given how driven and senseless our acting out was. It is not sane to expect sex and love to solve our problems.

This step signifies hope. There truly is a Power greater than ourselves as evidenced by the miracles we have seen in the rooms. There is a way out and relying on this Power is our ticket out of the insanity.

Here we finally realize that we are no longer alone. Our friends in the fellowship are often a power greater than ourselves, as we have never felt so accepted and secure as when we're in their company.

As we come to believe in this power greater than ourselves, we step out of the problem and into the solution. We do believe that recovery is possible and we are ready to take action. We can change. We will change

LOCAL MEETING CHANGES

SUNDAY - MA. BROOKLINE, 7:15 PM (O, h, 30 min) "One breath at a time" Women's meditation meeting. Please contact Khloe at 617-999-7874 for the location and for more information. **New Meeting**

SUNDAY - MA MA. NEWTON, 7:30 PM (CD) Men's True Grit, Newton-Wellesley Hospital, 2014 Washington St. - Rte. 16, Bowles Conf. Center Room #3 which is in the Main Bldg. of the hospital. Take the South elevator to the 2nd floor. **Room update**

MONDAY - MA. JAMAICA PLAIN, 6:30PM (OLS12DTNFH, 60 min), "Alone No More" **An Anorexia-focused S.L.A.A Meeting**, Farnsworth House, 90 South Street, Library. Everybody's welcome! **New Meeting**

MONDAY - MA. CAMBRIDGE, 7:00 PM (C12,NF,H, 60 min) Men's Step Meeting. First Church Cambridge, 11 Garden Street. **Group does not meet on Monday Holidays**

WEDNESDAY - MA. NEWBURYPORT, 7:00 PM (CLD) Women's Meditation Meeting, Library of St. Paul's Church, 166 High St. Lower Hall, last classroom. **New Meeting**

THURSDAY - MA. WEYMOUTH, 7:00 PM (CDL12,h) Men's Meeting. Church of the Nazarene, 385 Ralph Talbot St., Rooms 9-10 **New Meeting Needs Support**