

September, 2015

[www.slaanei.org](http://www.slaanei.org)

617-625-7961

# NEI NEWSLETTER



New England Intergroup of S.L.A.A.

"It's not a person's mistakes which define them - it's the way they make amends."

— Frey North, *Chances*



**NEI Upcoming Events** NEI is planning some fellowship-building events in the coming months.

## September, 2015

--September 13 – NEI Business Meeting  
--September 25-27, Vermont Anorexia Weekend Retreat

## October, 2015

--October 2 -4, Vermont Weekend Retreat  
--October 11 – NEI Business Meeting

## November, 2015

--November 7 – NEI Fall Gathering.  
--November 8 – NEI Business Meeting



## Upcoming 12-STEP Weekend Retreat Schedule

September 25-27 VT

October 2-4, 2015 VT

December 18-20. 2015 VT

The retreats are not only about sharing experience, strength, and hope, but a chance to have lots of fun and laughs as well! We not only work the Steps, but also provide an opportunity to get to know ourselves, as well as other S&L addicts in a safe place. For more information, visit our retreat web page at [www.slaanei.org/vtweekend.html](http://www.slaanei.org/vtweekend.html)

## NEI WINS BID FOR ABM/IRC FOR 2016 AND 2017

NEI is excited about hosting the 2016 ABM/IRC which will mark the 40<sup>th</sup> anniversary of SLAA. The dates are usually in August. This will require a great deal of work by the intergroup.

Are you interested in being a part of a local planning committee to host the Annual Business Meeting (ABM) and International Recovery Convention (IRC) in the Boston area in 2016 and 2017? 2016 will mark the 40<sup>th</sup> Anniversary of S.L.A.A. which started as a New England area meeting in Newton, Massachusetts in 1976. Please contact NEI.

## 3rd Annual Barbeque, Fellowship Meeting at Houghton's Pond, Milton, MA on Sunday, August 16<sup>th</sup> Great Fun.

The 3<sup>rd</sup> annual Barbeque/ Picnic for NEI was held Sunday, August 16<sup>th</sup> at Houghton's Pond in the Blue Hills reservation in Milton. It was attended by 18 people. The day was sunny and warm, but excellent shade was provided by pine and spruce trees and there was a refreshing, gentle breeze. Attendees dined on the usual hamburgers, hot dogs and chips etc. They also enjoyed fruit, cold cucumber soup and homemade pickles. An hour getting current session was followed by walks, lawn darts and horseshoes. All agreed it was a good time.

**NEW ENGLAND INTERGROUP (NEI), P. O. Box 1375, Brookline, Massachusetts 02446**

NEI Web Site: [www.slaanei.org](http://www.slaanei.org) Telephone: (617) 625-7961 Email: [vtweekend@slaanei.org](mailto:vtweekend@slaanei.org)

## S.L.A.A. 12 Step Weekend Retreat with ANOREXIA FOCUS September 25-27, 2015

Join us in Vermont for NEI's first 12-step Anorexia weekend. Anorexia is defined as the "compulsive avoidance of giving or receiving social, sexual, or emotional nourishment" in the S.L.A.A. pamphlet called "ANOREXIA Sexual, Social, and Emotional" published in 1992. If you have attended a 12-Step S.L.A.A. Vermont weekend before the format of the weekend is similar to other weekends except that at this weekend we will be using the Anorexia Step Materials being developed by S.L.A.A. For more information review the registration flyer online. If you have questions on the weekend contact the **Vermont Coordinator online**.

Sign up by August 28th to qualify for the discounted registration rate. To reserve a space for the weekend go to [www.slaanei.org](http://www.slaanei.org) and go to this article. Click on the registration, fill-out form on page 2 and send completed form with your check to the PO Box. You might also take a photo of your completed form and email it to the Vermont weekend coordinator within this form in addition to mailing your check and form to the PO Box.

## NEWSBRIEFS

**\*\*NEI NEEDS A TREASURER AND CORRESPONDING SECRETARY - ASAP** Please inquire to find out how you can share your experience, strength and hope to help yourself and others in this fellowship. A MINIMUM OF 1 YEAR SOBRIETY IS NEEDED FOR THESE POSITIONS

**\*\* NEI SERVICE OPPORTUNITIES AVAILABLE:** There are opportunities for service at NEI including but not limited to phone service volunteers, group reps and alternative reps. ANYONE CAN HELP

**\*\* IS YOUR MEETING REPRESENTED IN NEI?** CHECK WITH YOUR MEETING. IF NOT YOU CAN REPRESENT YOUR MEETING AS A GROUP REP OR ALTERNATE REP AND ATTEND NEI BUSINESS MEETINGS.

**Does your group need  
S.L.A.A. Basic Texts,  
pamphlets or chips?**

Local S.L.A.A. meetings in Eastern MA and Rhode Island are encouraged to order their S.L.A.A. literature through New England Intergroup (NEI). Simply fill out the order form found at the NEI website, <http://www.slaanei.org>. Email an order to [literature@slaanei.org](mailto:literature@slaanei.org). Orders may alternatively be mailed to our P.O. Box and picked up at the next NEI business meeting as long as it's ordered 3 weeks in advance. Or place your order through Fellowship Wide Services at <http://www.slaafws.org> or at 1-210-828-7900.



**Contact us at  
[mailinglist@slaanei.org](mailto:mailinglist@slaanei.org)  
to be added to our  
emailing list. Thank  
you.**



**OPPORTUNITIES TO GET  
INVOLVED**

**PLEASE FEEL FREE TO COME  
TO THE NEI BUSINESS  
MEETINGS TO SEE WHAT'S  
HAPPENING. THIS IS YOUR  
FELLOWSHIP.**

**Our next NEI business meeting is  
Sunday, September 13, 2015 from  
5:00 -7:00 PM.** We invite all  
S.L.A.A. members to join us **AND  
PARTICIPATE** at Newton -  
Wellesley Hospital – Room AR 100  
in the Allen-Riddle Building.



**TELEPHONE AND ONLINE  
MEETINGS --**

There are those of us who are isolated or otherwise unable to get to meetings. Consider online and telephone meetings. **Attend online and telephone meetings as often as possible.** You will find a list of these at:

**<http://directory.slaafws.org/>.**



The views expressed in the NEI Newsletter are the opinions of the respective authors and do not necessarily reflect those of New England Intergroup.

**STEP AND TRADITION OF THE MONTH**

**STEP 9:** Made direct amends to such people wherever possible, except when to do so would injure them or others.

**TRADITION 9:** S.L.A.A. as such ought never to be organized; but we may create service boards or committees directly responsible to those they serve.

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create service boards or committees directly responsible to  
those they serve.**

*“No one invented Alcoholics Anonymous. It grew.” Bill W., 1946*

SLAA's roots were strengthened by borrowing from AA's 12 traditions. With the 3<sup>rd</sup> tradition comes the concept of a group starting as just 2 or more members. And it's in these meetings, these “2 or more's”, where recovery and sobriety start to take shape. We're reminded from our day 1 chip and every one that follows that “We are not alone”

NEI is The New England Intergroup service board. One of its purposes is to help form a bond between all of the “2 or mores”, some no larger actually than 2 or 3 people, that are all around New England, in effect reminding the meetings, that they are not alone either.

Like SLAA, the NEI is more organism than organization however. Organizations have “boards”, and “committees” NEI has people, who are addicts. Addicts helping addicts and making sure the message of SLAA, and the help and hope that lies within, reaches more people.

This happens in several ways; The “Gatherings” which take place in the Fall and Spring, are an opportunity for SLAA members to meet others whom they might not have the opportunity to connect with, and participate in the discussion groups. There is also a monthly newsletter, a printed meeting list, The Journal, the 12 Step Retreats, including the newest one dealing with Anorexia – and on.

This 9th tradition is laid out in a very concise statement as most of our traditions are, but in my experience it carries us to a depth we could hardly imagine. I'm grateful to the NEI to allow me the opportunity to express these feelings about the 9<sup>th</sup> Tradition in this newsletter.  
Don T.

**LOCAL MEETING CHANGES**

**SUNDAY -NH. CONCORD, 5:00 PM (CSD,NS,H)** Big Book Step Study. Unitarian Universalist Church, 274 Pleasant Street (Route 9 West). Group meets in library. **Newly Added to NEI Meeting List**

**MONDAY - NH. PORTSMOUTH, 7:00PM (CDTNS, 60 min)** Topic/Discussion Meeting. Christ Episcopal Church, 1035 Lafayette Road (Route 1 South). Enter at the door on the south side of the building. Meeting room is on the 1 floor and is the 3rd door on the right side of the hallway. **Newly Added to NEI Meeting List**

**TUESDAY – NH. SALEM, 7:30 PM (CSD12,NS)** NH Originals. United Methodist Church, 8 Pleasant Street, Parlor Room. **Newly Added to NEI Meeting List**

**THURSDAY - MA. BOSTON, 12:00 PM (CD12),** St. Anthony's Shrine, 100 Arch Street, Basement via elevator, in classroom next to kitchen. **NEEDS SUPPORT**

**SATURDAY - MA. WORCESTER, 7:00 PM (CL12,h)** All Saints Church, 10 Irving Street, Guild Room. Park in lot on Pleasant Street **NO LONGER MEETING**