



"Sometimes you gotta shut up, swallow your pride and accept that you're wrong. It's not giving up. It's called growing up"

-Unknown Quote



NEI Upcoming Events NEI is planning some fellowship-building events in the coming months.



October, 2014

--October 12 - NEI Business Meeting
--October 3-5 - NEI Vermont 12 Step Weekend

November, 2014

--November 1 - Annual Fall Gathering
--November 9 - NEI Business Meeting

December, 2014

--December 14 - NEI Business Meeting

Upcoming Vermont 12-STEP Weekend Retreat Schedule

December 19-21, 2014

*In Chester, Vermont
(2 1/2-3 hours from Boston)*

The retreats are not only about sharing experience, strength, and hope, but a chance to have lots of fun and laughs as well! We not only work the Steps, but also provide an opportunity to get to know ourselves, as well as other S&L addicts in a safe place. For more information, visit our retreat web page at www.slaanei.org/vtweekend.html

Summary of 2014 S.L.A.A./F.W.S Annual Business Meeting

I want to thank the intergroup for electing me as the NEI Rep. I had a great time, learned a lot, and did my best to represent NEI. The conference was very intense. We were busy from 1st thing in the morning until about 7:00 at night. There was something to do every night, step meetings, getting current, and a treasure hunt. For the Auction we sent a basket of food from each New England state. We had an anonymous donor send a Red Sox jersey and hat that went for big bucks. So NEI did its part to help raise funds for S.L.A.A./F.W.S. I think I slept for 3 day when I came home. If you have any questions about the ABM experience, please contact me through the NEI website. Wil C.

Motions and Item for Discussion (IFD) for 2014 ABM Result of the Vote - Pass/Fail

14o0 1/13-01 - Motion: For the time of the year the ABM is held to be changed. - 7-30-3 Failed

14o02/13-07 - Motion: To change the By-Laws in Article VI - Board of Trustees: instead of a Board Finance and Operating Committee there be a Finance Committee. - 36-1-3 Passed

14o03/13-09 - Motion: Annual contribution limit from \$12,000 to \$20,000. - 25-13-2 Passed

14n04/14-01 - IFD: The CCC is seeking guidance from the Conference on establishing effective deadlines for submissions of IFDs and Motions.

14n05/14-02 - Motion: That the Conference decides to make the "Twelve Concepts for World Service of S.L.A.A." a Core Document. - 33-0-5 Passed

14n06/14-03 - IFD: a no tolerance policy for using the program of S.L.A.A. as an arena to assault, sexually assault or stalk other members, at meetings or between meetings, and how such a policy could be formulated.

14n07/14-04 - IFD: The Conference Diversity Committee wants feedback from the Conference on the proposed Diversity Statement.

14n08/14-05 - IFD: The CICC (Conference Intergroup Communications Committee) be tasked with the stewardship of a master list of Intergroups/Lone groups, and be steward of a master list of Conference committees' contact information.

14n09/14-06 - IFD: A Conference Literature Committee Representative selected by the CLC, be sent to the ABM every year, with the F.W.S. paying the costs.

NEWSBRIEFS

'KEEP IT SIMPLE': That is the theme of this Fall gathering scheduled for Saturday, November 1 at Grace Episcopal Church in Newton. **Note** the time of the conference is in the afternoon only. Registration starts at 12:30 PM. Opening and Welcome will start at 1:00 PM. Workshops will begin at 1:30 PM. There will be 3 sessions of workshops followed by a wrap up session with keynote speakers ending at 6:00PM. There will be the usual literature and sobriety chips available for purchase.

****NEW NEI VICE CHAIRPERSON** - the vice chair position has been filled for the remainder of the term (till 2016) by Patrick D. NEI still needs a Corresponding Secretary position filled.

**** NEI SERVICE OPPORTUNITIES AVAILABLE:** There are opportunities for service at NEI including but not limited to phone service volunteers, group reps and alternative reps. Please inquire to find out how you can share your experience, strength and hope to help yourself and others in this fellowship.

**** SLAA BASIC TEXT AVAILABLE IN EBOOK AND AUDIOBOOK:** For Audiobook, go to FWS website. [Complete Audio Basic Text \[CD\]](#) \$43.95 [Complete Audio Basic Text \[MP3\]](#) \$12.99
For the ebook format go to Amazon or iBooks \$9.99

****CHECK OUT THE SLAA WEBSITE:** Check it out at <http://www.slaafws.org/>. There is plenty to explore at your fellowship's website. While there, read the free issue of the ejournal.

Does your group need S.L.A.A. Basic Texts, pamphlets or chips?

Local S.L.A.A. meetings in Eastern MA and Rhode Island are encouraged to order their S.L.A.A. literature through New England Intergroup (NEI). Simply fill out the order form found at the NEI website, <http://www.slaanei.org>. Email an order to literature@slaanei.org. Orders may alternatively be mailed to our P.O. Box and picked up at the next NEI business meeting as long as it's ordered 3 weeks in advance. Or place your order through Fellowship Wide Services at <http://www.slaafws.org> or at 1-210-828-7900.

❖
Contact us at mailinglist@slaanei.org to be added to our emailing list. Thank you.

❖
OPPORTUNITIES TO GET INVOLVED

PLEASE FEEL FREE TO COME TO THE NEI BUSINESS MEETINGS TO SEE WHAT'S HAPPENING. THIS IS YOUR FELLOWSHIP.

Our next NEI business meeting is Sunday, October 12, 2014 from 5:00PM to 7:00PM. We invite all S.L.A.A. members to join us **AND PARTICIPATE** at Newton - Wellesley Hospital – Room AR 345 in the Allen-Riddle Building.

❖
CONSIDER THOSE ADDICTS --

--who are isolated or shut-ins or otherwise unable to get to meetings. There are online and telephone meetings. **Attend online and telephone meetings as often as possible.** You will find a list of these at:

<http://directory.slaafws.org/>.

❖
The views expressed in the NEI Newsletter are the opinions of the respective authors and do not necessarily reflect those of New England Intergroup.

STEP AND TRADITION OF THE MONTH

STEP 10: Continued to take personal inventory, and when we were wrong promptly admitted it.

TRADITION 10: S.L.A.A. has no opinion on outside issues; hence the S.L.A.A. name ought never to be drawn into public controversy.

Continued to take personal inventory, and when we were wrong promptly admitted it.

Step 10 is the first of 3 maintenance steps in the 12 steps. After having completed the first 3 steps, also known as "I can't, He can, Turn it over to Him", we embark on the inward journey with a pick and shovel and look at our past inventory. As it says in the AA Big Book "A business that takes no regular inventory usually goes broke". From this inventory we get to see the Good, the Bad and the Ugly about our situation.

We use Step 5 as a chance to see in black and white and also admit to ourselves, God and another human being the exact nature of our wrongs. Determining our character defects from this we ask God to remove them and become ready to make amends to those we have harmed by listing them. We take care to make amends only to those we have harmed except when to do so would injure them or others. From this we further refine our ability to understand honesty, compassion and judgment.

All of this process brings us to Step 10. This is where we can regularly take personal inventory, determine where we were wrong and can admit it ASAP. This clears up the potential of harboring resentments, keeping our side of the street clean. It helps to reduce our fears and maintains our self-love and esteem. **Most of all it keeps us humble.**

In the SLAA Basic Text we read "*Many of us found that both daily and on a periodic basis we needed to set aside times for solitude and reflection. These times of self-overhaul provided an opportunity to touch base with ourselves and our progress, and keep perspective on our spiritual development.*" "*It took practice and cooperation to learn how to respond to the needs of others without fearing sacrifice of our own dignity, and to be open and honest without defensiveness or destructiveness.*"

In humility we can approach and develop an ever closer partnership with God in our life of recovery. We can continue to forgive ourselves and others realizing our frailties. We also seek out God's will for us and the power to carry that out. And we can carry the message in a more honest and meaningful way to those who suffer.

Rich N

LOCAL MEETING CHANGES

SUNDAY RI. WARWICK, 7:30 PM (CD12) All Saints' Episcopal Church, 111 Greenwich Ave **Needs Support**

MONDAY MA. STOUGHTON, 7:00 PM (CL,h) Going to Any Lengths Meeting. First Congregational Church, 76 Pierce Street. Enter church through left door down ramp. Room 5 is straight ahead **Needs Support**

MONDAY MA. PROVINCETOWN, 6:30 PM (CSD12,h,60 min, men only) Provincetown Men's Meeting. AIDS Support Group, 96 Bradford St. **Meeting time changed from 7:30pm to 6:30PM**

THURSDAY MA. BOSTON, 12:00 PM (CD12) Thursday Noontime Meeting, St. Anthony's Shrine, 100 Arch St, Basement via elevator. **This meeting is still alive and well, contrary to previous information.**

THURSDAY MA. CAMBRIDGE, 7:00 AM (CDLT12, h, 60 min)
Men's Only True Grit Early Bird Meeting – First Church of Cambridge, 11 Garden St., McKenzie Library which is adjacent to large auditorium. **New men's meeting. Group starts meeting on 10/02/14.**

FRIDAY MA. PROVINCETOWN, 6:30 PM (CSD12,h, 60 min) This group meets the 1st and 3rd Friday of each month. United Methodist Church, 10 Shankpainter Rd. Rear meeting room. **Group meets the 1st and 3rd Friday of each month**

SATURDAY MA. BOSTON, 8:00 PM (OSDT,60 min) 74 Kilmarnock St.. **Meeting is now coed and no longer men only.**

MA. CAMBRIDGE, 7:00 AM (CDLT12,h, 60 min) Men's Only True Grit Early Bird Meeting – First Church of Cambridge, 11 Garden St., McKenzie Library which is adjacent to large auditorium. New men's meeting – Mon., Tues., Wed., and Fri. meetings have disbanded