



"True repentance means making amends with the person when at all possible."

- Lawana Blackwell



**NEI Upcoming Events** NEI is planning some fellowship-building events in the coming months.



### September 2014

--September 14 - NEI  
Business Meeting 5PM

### October, 2014

--October 12 - NEI  
Business Meeting  
--October 3-5 - NEI  
Vermont 12 Step Weekend

### November, 2014

--November 9 - NEI  
Business Meeting  
--November ?? Annual Fall  
Conference TBD

### Upcoming Vermont 12-STEP Weekend Retreat Schedule

October 3-5, 2014  
December 19-21, 2014

*In Chester, Vermont  
(2 1/2-3 hours from Boston)*

The retreats are not only about sharing experience, strength, and hope, but a chance to have lots of fun and laughs as well! We not only work the Steps, but also provide an opportunity to get to know ourselves, as well as other S&L addicts in a safe place. For more information, visit our retreat web page at [www.slaanei.org/vtweekend.html](http://www.slaanei.org/vtweekend.html)

## NEI OFFICER POSITIONS OPEN

Please consider these positions of service. Of course there is work involved in these positions but as in the SLAA fellowship **you are not alone**. We all help each other. Many hands make the work lighter.

Vice chairperson:

- A: Must have at least one year of continuous sobriety to serve.
- B: Presides at all intergroup meetings in absence of the Chairperson.
- C: Serves as parliamentarian or may choose to obtain one in the absence of the Chairperson
- D: Assumes all other responsibilities in the absence of the Chairperson
- E: Signs checks in conjunction with the Treasurer and Chairperson (as an alternate signer if the Chairperson is not present).

Corresponding Secretary:

Some responsibilities include:

- A: Must have at least one year of continuous sobriety to serve.
- B: Types correspondence as directed by the Chairperson.
- C: Updates Meeting list Quarterly: March, June, September and December.
- D: Provides meeting lists to GR's and AR's for distribution. (Responsibilities B and C may be done by a Meeting List Coordinator).....

**Please contact us at our website for further details. [www.slaanei.org](http://www.slaanei.org)**

## NEWSBRIEFS

**\*\* NEI SERVICE OPPORTUNITIES AVAILABLE:** There are opportunities for service at NEI including but not limited to phone service volunteers, group reps and alternative reps. Please inquire to find out how you can share your experience, strength and hope to help yourself and others in this fellowship.

**\*\*NEW MEETING INTEREST** I AM INTERESTED IN STARTING A NEW MEETING IN WALTHAM ON WEDNESDAY EVENINGS. IF YOU ARE INTERESTED IN STARTING THIS MEETING, CONTACT CHRIS ([christojo58@yahoo.com](mailto:christojo58@yahoo.com)).

**\*\* SLAA BASIC TEXT AVAILABLE IN EBOOK AND AUDIOBOOK:** For Audiobook, go to FWS website. [Complete Audio Basic Text \[CD\]](#) \$43.95 [Complete Audio Basic Text \[MP3\]](#) \$12.99  
For the ebook format go to Amazon or iBooks \$9.99

**\*\*INTEREST IN STARTING A NEW COED MEETING IN THE BOSTON AREA:** An SLAA member in the Boston area is looking for others who might be interested in starting new coed meetings on weekends (Friday, Saturday, and Sunday nights) in the Boston area. If you share this interest please contact Cindy at [bostoncoedmtgs@slaanei.org](mailto:bostoncoedmtgs@slaanei.org)

**Does your group need S.L.A.A. Basic Texts, pamphlets or chips?**

Local S.L.A.A. meetings in Eastern MA and Rhode Island are encouraged to order their S.L.A.A. literature through New England Intergroup (NEI). Simply fill out the order form found at the NEI website, <http://www.slaanei.org>. Email an order to [literature@slaanei.org](mailto:literature@slaanei.org). Orders may alternatively be mailed to our P.O. Box and picked up at the next NEI business meeting as long as it's ordered 3 weeks in advance. Or place your order through Fellowship Wide Services at <http://www.slaafws.org> or at 1-210-828-7900.



**Contact us at [mailinglist@slaanei.org](mailto:mailinglist@slaanei.org) to be added to our emailing list. Thank you.**



**OPPORTUNITIES TO GET INVOLVED**

**PLEASE FEEL FREE TO COME TO THE NEI BUSINESS MEETINGS TO SEE WHAT'S HAPPENING. THIS IS YOUR FELLOWSHIP.**

**Our next NEI business meeting is Sunday, September 14, 2014 from 5:00PM to 7:00PM.** We invite all S.L.A.A. members to join us **AND PARTICIPATE** at Newton - Wellesley Hospital - Room AR 345 in the Allen-Riddle Building.



**CONSIDER THOSE ADDICTS --**

--who are isolated or shut-ins or otherwise unable to get to meetings. There are online and telephone meetings. **Attend online and telephone meetings as often as possible.** You will find a list of these at:

<http://directory.slaafws.org/>.



*The views expressed in the NEI Newsletter are the opinions of the respective authors and do not necessarily reflect those of New England Intergroup.*

**STEP AND TRADITION OF THE MONTH**

**STEP 9** Made direct amends to such people wherever possible, except when to do so would injure them or others.

**TRADITION 9** S.L.A.A. as such ought never to be organized; but we may create service boards or committees directly responsible to those they serve.

**DIGNITY OF SELF**

**make amends**, to compensate, as for an injury, loss, or insult:  
*I tried to make amends for the misunderstanding by sending her flowers.*  
--Dictionary.com

Making amends!??? The thought just scared me. How? Where? When? After a whole lifetime of wrongs? Not just as a sex and love addict with the sexual acting out but also the lying, back biting, screaming, cheating, neglecting, intimidating and on and on and on.

What I had done to my wife, kids, parents, brothers and sisters, friends, employers, colleagues and people I acted out with was an enormous if not impossible undertaking to list and recall. Now I had to find people, write to them, seek them out, admit my wrongs to them and clear up my side of the street.

When I started SLAA I had felt that I would talk to my wife and kids tell them I was sorry and would try to never act out again. As time, experience in program with sponsors, meetings and friends accumulated over the next 8 plus years I learned that there are a lot of steps in between (and a lot of work) that prepare me for the ninth step.

Although I have not formally completed a ninth step at this time, there are many things I have been doing to make amends to people I have hurt. Attending meetings and staying sober are the first two. There are many other ways I have been making informal amends like staying present and listening which requires sobriety and staying out of fantasy land.

So, as I finish steps 6 and 7, I will turn to 8 and 9 knowing that I have prepared myself to move forward in recovery and will be able to fully relate to the following:

*Now we were truly feeling some sense of deep release from the past! We were free of much guilt for our misdeeds, from the shame of having fallen short of our inner values. In many instances, the values we had thought were ours had turned out to be someone else's, and we had shed or changed these to allow the seeds of our own personal wholeness to take root and grow.*

*We were indeed living new, positive, unfolding lives. Whether in partnership with others or in solitude, we had truly been granted a spiritual release from our sex and love addiction. While vigilance was still important, the choices we had to make now seemed easier. We felt increasing confidence in our developing partnership with God, and were full participants in the Fellowship of SLAA. We enjoyed solitude and were unafraid of honesty and openness with others. We could comprehend what it means to have **dignity of self.***

--SLAA Basic Text

Rich N

**LOCAL MEETING CHANGES**

**SUNDAY RI. WARWICK, 7:30 PM (CD12)** All Saints' Episcopal Church, 111 Greenwich Ave **Needs Support**

**MONDAY MA. STOUGHTON, 7:00 PM (CL,h)** Going to Any Lengths Meeting. First Congregational Church, 76 Pierce Street. Enter church through left door down ramp. Room 5 is straight ahead **Needs Support**

**MONDAY MA. PROVINCETOWN, 6:30 PM (CSD12,h,60 min, men only)** Provincetown Men's Meeting. AIDS Support Group, 96 Bradford St. **Meeting time changed from 7:30pm to 6:30PM**

**TUESDAY MA. WEYMOUTH, 7:00 PM (C)** Commitment to Reality, East Congregational Church, 1320 Commercial Street. Recovery Zone Workbook meeting. **Needs Support**

**THURSDAY MA. BOSTON, 12:00 PM (CD12)** Thursday Noontime Meeting, St. Anthony's Shrine, 100 Arch St, Basement via elevator. **This meeting is still alive and well, contrary to previous information.**

**FRIDAY MA. PROVINCETOWN, 6:30 PM (CSD12,h, 60 min)** This group meets the 1st and 3rd Friday of each month. United Methodist Church, 10 Shankpainter Rd. Rear meeting room. **Group meets the 1st and 3rd Friday of each month**

**SATURDAY MA. BOSTON, 8:00 PM (OSDT,60 min)** 74 Kilmarnock St.. **Meeting is now coed and no longer men only.**

**MA. CAMBRIDGE , 7:00 AM (CDLT12,h, 60 min)** Men's Only True Grit Early Bird Meeting -- First Church of Cambridge, 11 Garden St., McKenzie Library which is adjacent to large auditorium. **New men's meeting -- meets every weekday -- Mon., Tues., Wed., Thurs., and Fri. Meeting has disbanded as of 09/09/14**